

Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
1		1	Ocklenburg, Marc-André	00:33:14	515		Ayyo Team	1985	1	M30	00:33:13	1
2		2	Breuer, Dennis	00:35:53	1426		ASV Duisburg	1990	1	MHK	00:35:52	2
3		3	Förderer, Micha Florian	00:36:29	2866			1987	2	M30	00:36:28	3
4		4	Elspaß, Reinhard	00:38:25	535		Andreas Unkrig Haust	1968	1	M50	00:38:23	4
5		5	Hessels, Yannick	00:38:40	708		AS Neukirchen-Vluyn	1996	2	MHK	00:38:37	5
6		6	Lindner, Niklas	00:38:49	673		Adler-Langlauf Bottro	1994	3	MHK	00:38:49	6
7		7	Torke, Fred	00:39:15	3147		Team Erdinger Alkoh	1963	1	M55	00:39:13	7
8		8	Mühlhoff, Sven	00:40:09	3189		Hartfelder Sprinter	1975	1	M40	00:40:01	8
9	W	1	Stevens, Theresa	00:40:10	700		SV Sonsbeck 1919	1997	1	WHK	00:40:09	1
10		9	Schmieja, Grzegorz	00:40:23	2838			1976	2	M40	00:40:22	9
11		10	Ramacher, Lutz	00:40:41	3274		Neukirchen-Vluyn	1971	1	M45	00:40:32	10
12		11	Beyl, Frank	00:40:49	2841		Gasschutzwehr Prosp	1971	2	M45	00:40:48	11
13		12	Kalkkuhl, Jan	00:41:01	2548		TEL Darmstadt	1994	4	MHK	00:40:56	12
14		13	Tempesta, Michael	00:41:20	3137		AS Neukirchen-Vluyn	1983	1	M35	00:41:17	13
15		14	van Haren, Marcel	00:41:42	2837		AS Neukirchen-Vluyn	1962	2	M55	00:41:39	14
16		15	Kaiser, Lars	00:41:58	2790			1986	3	M30	00:41:50	15
17		16	Hampel, Jochen	00:42:19	2617		Krefelder Kanu Klub K	1987	4	M30	00:42:11	17
18		17	Ahles, Michael	00:42:19	3003			1979	2	M35	00:42:11	18
19		18	Sundermann, Frank	00:42:23	589			1966	2	M50	00:42:19	19
20		19	Ozwirk, Felix	00:42:27	654			1991	5	MHK	00:42:11	16
21		20	Schmitte, Kai	00:42:29	3130		Rhein Erft Runner	1973	3	M45	00:42:24	20
22		21	Stepanow, Viktor	00:42:53	730			1960	3	M55	00:42:48	21
23		22	Toonen, Theo	00:42:56	2797		TSV Weeze	1959	4	M55	00:42:53	22
24		23	Klein-Hitpaß, Michael	00:43:02	604		Spendenlaufteam Der	1970	4	M45	00:43:01	23
25	W	2	Willems, Kathrin	00:43:10	606		TuS Xanten	1986	1	W30	00:43:08	2
26		24	Bours, Andreas	00:43:11	607		TuS Xanten	1989	6	MHK	00:43:11	24
27		25	Bross, Thorsten	00:43:15	697		Niep Flitzer	1971	5	M45	00:43:14	25
28		26	van Hattem, Oscar	00:43:33	651		vav veenendaal	1968	3	M50	00:43:26	27
29		27	Werner, Matthias	00:43:39	602			1980	3	M35	00:43:23	26
30		28	Fischer, Andreas	00:43:44	501		OSC 04 Rheinhausen	1965	4	M50	00:43:38	28
31		29	Marten, Andre	00:43:46	623			1982	4	M35	00:43:44	30
32		30	Hilgers, Uwe	00:43:47	3270		AS Neukirchen-Vluyn	1968	5	M50	00:43:43	29
33		31	Bläser, Frank	00:43:58	2836			1967	6	M50	00:43:52	31
34		32	Mallmann, Marcus	00:43:59	502		Stoppenberg LT	1971	6	M45	00:43:57	32
35	W	3	Born, Michaela	00:44:00	3322		TSV Weeze	1963	1	W55	00:43:57	3
36	W	4	Zeitz-Kempkens, Ulrike	00:44:07	716		Kevelaerer SV	1968	1	W50	00:44:04	4
37		33	Wilms, Niklas	00:44:16	3177		Moerser TV Hockey	2001	1	MJ U18	00:44:10	33
38		34	Sommer, Maximilian	00:44:40	655			2002	2	MJ U18	00:44:34	34
39		35	Lojak, Thomas	00:44:43	3212		LT Trümmertruppe	1993	7	MHK	00:44:41	35
40		36	Schmitz, Karsten	00:44:57	2839		SC Bayer 05 Uerding	1973	7	M45	00:44:52	36
41		37	Runte, Meinolf	00:45:01	2842		TuS Breitscheid	1961	5	M55	00:44:56	37
42		38	Strehlke, Reiner	00:45:06	643		TV Uftort-Eick 1981	1955	1	M60	00:45:01	41
43		39	Wienczewski, Igor	00:45:08	659			1976	3	M40	00:44:56	39
44		40	Senftleben, Reiner	00:45:13	711		Moerser TV	1966	7	M50	00:45:12	42
45		41	Handzlik, Marcin	00:45:21	3358		Kevlaer	1984	5	M30	00:44:58	40
46		42	Honke, Rudolf	00:45:26	2862		DAV Bocholt	1977	4	M40	00:44:56	38
47		43	Müller, Holger	00:45:27	626		TV Aldekerk	1970	8	M45	00:45:20	43
48		44	Peters, Daniel	00:45:29	590			1984	6	M30	00:45:24	44
49		45	Zillcher, Cornelius	00:45:31	3359		Moers	1994	8	MHK	00:45:30	48
50		46	Lange, Ralf	00:45:32	3284		Homberger TV	1966	8	M50	00:45:27	47
51		47	Kaste, Jörg	00:45:38	585		Laufftreff Klein-netterd	1967	9	M50	00:45:27	46
52		48	Dohmes, Oliver	00:45:46	733		Wochen-Magazin Moe	1969	9	M45	00:45:41	49
53		49	Winkelhake, Heiner	00:45:46	3380		LDT Bochum	1956	2	M60	00:45:42	50
54		50	Kühn, Dirk	00:45:49	573			1977	5	M40	00:45:45	52
55		51	Sommer, Michael	00:45:51	631			1974	6	M40	00:45:45	51

G=Geschlecht (kein Eintrag bei M) - NAT=Nation (kein Eintrag bei GER) - PAK=Platz Altersklasse - Z-Diff=Zeitdifferenz zum 1. Platz

Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
56		52	Wüllner, Rüdiger	00:45:55	3277		GEW Duisburg	1977	7	M40	00:45:24	45
57		53	Rudnik, Andreas	00:45:57	744		Lauffreunde HADI We	1974	8	M40	00:45:53	55
58	W	5	Nolda, Isabel	00:45:59	3125		München	1990	2	WHK	00:45:50	5
59		54	Speda, Andre	00:45:59	3202			1990	9	MHK	00:45:47	53
60		55	Hibner, Adam	00:46:05	2662		Metallbau Pfitzer	1971	10	M45	00:45:49	54
61		56	Graw, Rainer	00:46:07	3242		SV Bayer Uerdingen 0	1964	10	M50	00:46:02	56
62		57	Krügenger, Philipp	00:46:12	555		CrossFit Goch	1978	9	M40	00:46:08	58
63		58	Auf Der Heiden, Ralf	00:46:12	3155		TuS Borth	1965	11	M50	00:46:03	57
64		59	Merkes, Philipp	00:46:20	683		LINEG	1983	5	M35	00:46:17	60
65		60	Holzum, Frank	00:46:20	681		LINEG	1968	12	M50	00:46:17	61
66		61	Capelle, Thilo	00:46:22	694		TC Rheinberg GW	1967	13	M50	00:46:18	63
67		62	Leppin, Uwe	00:46:23	513		Team Erdinger Alkoh	1966	14	M50	00:46:14	59
68		63	Göpel, Steffen	00:46:23	2860		LG Alpen	1960	6	M55	00:46:19	64
69		64	Hein, Andreas	00:46:24	559		Ruhrauenläufer	1969	11	M45	00:46:17	62
70	W	6	Brückner, Miriam	00:46:30	710		Lauffreunde HADI We	1984	2	W30	00:46:26	6
71		65	Rommerswinkel, Michael	00:46:32	3360		Mülheim an der Ruhr	1988	7	M30	00:46:23	65
72		66	Aerdt, Rob	00:46:33	3361		TSV Weeze	1964	15	M50	00:46:29	66
73		67	Fritsch, Franz	00:46:38	650		TV Ufort-Eick 1981	1953	1	M65	00:46:33	67
74	W	7	Hermann, Anita	00:46:39	3362		GSV Geldern 09/34	1961	2	W55	00:46:35	7
75		68	Elbers, Carsten	00:46:52	637		Zwei18 Nochmal!	1980	6	M35	00:46:42	68
76		69	Hutmacher, Arne	00:47:09	660		KKRN	1978	10	M40	00:47:02	71
77		70	Born, Alexander	00:47:11	670			1990	10	MHK	00:46:55	70
78		71	Jakubzik, Frank	00:47:14	3065		LT Vynen	1965	16	M50	00:47:08	72
79		72	Höffken, Nils	00:47:16	3327			1992	11	MHK	00:47:14	74
80		73	Dahler, Florian	00:47:17	587			1983	7	M35	00:46:53	69
81	W	8	Hasselbusch, Jana Marija	00:47:18	3095		Moers	1992	3	WHK	00:47:15	8
82		74	Steidl, Bernhard	00:47:19	3150		Triathlon Team Rhein	1964	17	M50	00:47:13	73
83		75	Albrecht, Andreas	00:47:25	731		Wochen-Magazin Moe	1975	11	M40	00:47:24	75
84		76	Mascia, Dennis	00:47:33	508		LT Trümmertruppe	1996	12	MHK	00:47:31	76
85		77	Schreiber, Bernd	00:47:40	3112			1971	12	M45	00:47:33	77
86	W	9	Roeser, Sabine	00:47:45	608		Lauffreunde HADI We	1970	1	W45	00:47:44	9
87		78	Scherer, Julian	00:47:46	3165		Duisburg	1990	13	MHK	00:47:40	79
88		79	Büchel, Udo	00:47:48	732		Wochen-Magazin Moe	1957	3	M60	00:47:33	78
89		80	Kohlus, Alexander	00:47:50	3228		Team Banane	1988	8	M30	00:47:47	81
90		81	Reinhold, Matthias	00:47:54	3405		Edeka	1980	8	M35	00:47:53	85
91	W	10	Collin, Simone	00:47:56	577			1975	1	W40	00:47:50	10
92		82	Üvey, Erhan	00:47:56	516		Aratos journal	1969	13	M45	00:47:45	80
93		83	Arens, Magnus	00:47:57	3259		Moerser SC	2001	3	MJ U18	00:47:50	82
94		84	Sobczyk, Rafael	00:48:03	728			1980	9	M35	00:47:50	83
95		85	Schremmer, Thomas	00:48:05	2418			1972	14	M45	00:47:54	86
96		86	van Laak, Dennis	00:48:09	603		Adler-Langlauf Bottro	1980	10	M35	00:47:58	87
97		87	Schmengler, Stephan	00:48:14	3037		SV Budberg Lauffreun	1964	18	M50	00:47:58	88
98		88	Kauls, André	00:48:17	628			1998	14	MHK	00:47:51	84
99		89	Teloo, Steffen	00:48:17	534		Lauffreunde Issum	1990	15	MHK	00:48:10	89
100	W	11	Biermann, Alina	00:48:18	3268		Duisburg	1991	4	WHK	00:48:15	11
101		90	Kaiser, Andre	00:48:19	3252		RMSV Wanderlust Ho	1977	12	M40	00:48:11	90
102		91	Oberhauser, René	00:48:24	629		TuS Jahn Hilfarth	1979	11	M35	00:48:12	91
103		92	Ehlert, Thomas	00:48:30	2831			1973	15	M45	00:48:13	92
104		93	Schmidt, Wolfgang	00:48:31	529		Moerser TV	1957	4	M60	00:48:25	95
105		94	Karrasch, Sven	00:48:32	514			1972	16	M45	00:48:26	96
106		95	Holtmanns, Heiko	00:48:35	2832			1980	12	M35	00:48:21	93
107		96	Zimmermann, Daniel	00:48:38	3207		Venlo	1979	13	M35	00:48:24	94
108		97	Hammelstein, Klaus	00:48:48	2846			1968	19	M50	00:48:34	97
109		98	Schneider, Jürgen	00:48:56	3039		NRZ Heimatläufer	1962	7	M55	00:48:38	98
110		99	Hofmann, Bernd	00:48:57	520		FC Deutsche Post Dui	1948	1	M70	00:48:44	99

Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
111		100	Brückner, Thomas	00:48:59	3306		Lauffreunde HADI We	1983	14	M35	00:48:55	103
112		101	Kräßber, Uwe	00:49:00	3423		Filder Benden	1969	17	M45	00:48:46	100
113		102	Keiser, Christoph	00:49:04	715			1978	13	M40	00:48:49	101
114		103	Hans, Lutz	00:49:04	556		CrossFit Goch	1988	9	M30	00:49:00	105
115		104	Landskron, Andre	00:49:11	512			1982	15	M35	00:48:51	102
116		105	Kempken, Ralf	00:49:15	2844		KSV Kevelaer	1969	18	M45	00:49:00	104
117		106	Oberreiter, Martin	00:49:18	597		Moerser TV	1974	14	M40	00:49:11	109
118		107	Berndt, Tobias	00:49:19	2519			1971	19	M45	00:49:08	107
119		108	Kujawski, Andreas	00:49:20	2580			1981	16	M35	00:49:08	108
120		109	Aengeneyndt, Michael	00:49:23	636		Zwei18 Nochmal!	1972	20	M45	00:49:13	111
121		110	Rademacher, Dominik	00:49:26	591			1983	17	M35	00:49:12	110
122	W	12	Henseler, Janine	00:49:31	664			1992	5	WHK	00:49:17	12
123		111	Förster, René	00:49:31	3167		FC Rumeln-Kaldenha	1990	16	MHK	00:49:05	106
124		112	Wieler, Georg	00:49:33	740			1960	8	M55	00:49:22	112
125		113	Gerlach, Martin	00:49:38	578			1972	21	M45	00:49:23	113
126	W	13	Schreven, Severine	00:49:42	554		CrossFit Goch	1982	1	W35	00:49:38	14
127		114	Groß, Ralph	00:49:44	533		Lauffreunde Issum	1970	22	M45	00:49:37	115
128	W	14	Rettinghaus, Christina	00:49:45	3036		NRZ Heimatläufer	1962	3	W55	00:49:32	13
129		115	Jürgens, Johannes	00:49:50	3162		Mönchengladbacher T	1963	9	M55	00:49:35	114
130		116	Elting, Ludger	00:49:57	3364		SV Haldern-Lauftreff	1958	5	M60	00:49:47	116
131		117	Seerau, Roland	00:50:08	579		TuS Xanten	1961	10	M55	00:49:54	118
132		118	Reifenrath, Thomas	00:50:09	2787			1968	20	M50	00:49:50	117
133		119	Treß, Kilian	00:50:12	3250		Freefall	1985	10	M30	00:49:56	119
134		120	Bendlage, Hans-Jakob	00:50:18	3378		TSV Kaldenkirchen	1949	2	M65	00:50:15	122
135		121	Schmidt Osterkamp, Olive	00:50:23	3131		Moers	1958	6	M60	00:50:20	124
136		122	Leschinski, Günter	00:50:24	3211		LT Moers O6	1942	1	M75	00:50:21	125
137	W	15	Tempesta, Angela	00:50:24	2859		AS Neukirchen-Vluyn	1984	3	W30	00:50:07	15
138	W	16	Aurelio, Susanne	00:50:24	506		Laufen gegen Leiden	1981	2	W35	00:50:07	16
139		123	Dietrich, Henning	00:50:26	624			1969	23	M45	00:50:13	121
140		124	Jaenichen, Dieter	00:50:29	2830		TSV Viktoria Mülheim	1956	7	M60	00:50:19	123
141		125	Kliver, Daniel	00:50:39	678		BSG ENNI	1984	11	M30	00:50:06	120
142	W	17	Hilgers, Birgit	00:50:47	3269		AS Neukirchen-Vluyn	1969	2	W45	00:50:40	17
143		126	Neumann, Frank	00:50:56	1086			1964	21	M50	00:50:34	126
144		127	van Koll, Sascha	00:50:58	2514			1975	15	M40	00:50:48	131
145		128	Hütten, Volker	00:50:59	3371		Moers	1964	22	M50	00:50:41	128
146		129	Watta, Robert	00:51:02	2802			1979	18	M35	00:50:55	134
147		130	Schuba, Tomasz	00:51:02	2665		Metallbau Pfitzer	1988	12	M30	00:50:44	129
148		131	Gläser, Malte	00:51:03	1090		TV Vennikel	1995	17	MHK	00:50:45	130
149	W	18	Pingen, Bini	00:51:09	3241		Duisburg	1968	2	W50	00:51:03	18
150		132	Hoffmann, Thomas	00:51:11	3365		AS Neukirchen-Vluyn	1973	24	M45	00:50:36	127
151		133	Hülsmann, Patrik	00:51:15	3184		Torpedo Duisburg	1987	13	M30	00:51:02	137
152		134	Lunau, Steffen	00:51:15	3108		HüLu	1983	19	M35	00:51:02	138
153		135	Wittkowski, Marcel	00:51:18	3222		Rheurdt	1987	14	M30	00:50:51	132
154		136	Pietruschinski, Fabian	00:51:19	3219		Moers	1987	15	M30	00:50:52	133
155		137	Pieper, Andreas	00:51:23	526		Augenärzte Xanten	1970	25	M45	00:50:55	135
156		138	Buss, Dirk	00:51:23	3310		Moers	1960	11	M55	00:51:10	141
157		139	Bozcelik, Ramazan	00:51:27	727			1968	23	M50	00:51:06	139
158		140	Schoepp, Christian	00:51:29	1207			1971	26	M45	00:51:10	140
159		141	Wetzels, Christian	00:51:29	686		LINEG	1971	27	M45	00:51:26	145
160		142	Hüser, Torsten	00:51:31	2741		Lauffreunde HADI We	1974	16	M40	00:51:14	143
161		143	Thiel, Julian	00:51:36	3419		Edeka	1996	18	MHK	00:51:26	144
162		144	Grabner, Rainer	00:51:38	3144		Lanxess IPG Roadrun	1976	17	M40	00:51:27	146
163		145	Boybay, Basaran	00:51:40	3417		Edeka	1992	19	MHK	00:51:28	147
164		146	Heinz, Holger	00:51:41	2825		Anchor Running Crew	1976	18	M40	00:51:13	142
165		147	Rudat, Matthias	00:51:42	3052		Moers	1990	20	MHK	00:51:01	136

Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
166	W	19	Beyer, Jasmin	00:51:42	3379		Bataver Laufftreff Em	1976	2	W40	00:51:33	19
167		148	Chmiel, Adam	00:51:52	2875		MTV	1970	28	M45	00:51:44	152
168		149	Pachur, Bernd	00:52:02	3412		Edeka	1984	16	M30	00:51:41	150
169		150	Hohl, Jürgen	00:52:03	568		Huckinger Marathonis	1963	12	M55	00:51:36	149
170		151	Uelwer, Tobias	00:52:08	667			1995	21	MHK	00:51:33	148
171		152	Hessels, Arne	00:52:12	703		AS Neukirchen-Vluyn	1966	24	M50	00:52:06	155
172		153	Lappe, Lukas	00:52:20	680		BSG ENNI	1992	22	MHK	00:52:04	153
173	W	20	Jordan, Anja	00:52:21	704			1977	3	W40	00:52:07	20
174		154	Bauer, Guido	00:52:21	2798		Homberger TV	1977	19	M40	00:52:06	154
175		155	Kügler, Ralf	00:52:22	669		RRC 22/11 Moers	1968	25	M50	00:51:41	151
176		156	Schäfer, Wolfgang	00:52:34	3307		Bataver Laufftreff Em	1958	8	M60	00:52:25	157
177		157	Boldt, Wolfgang	00:52:38	640		TV Ufort-Eick 1981	1955	9	M60	00:52:23	156
178		158	Ebertz, Herbert	00:52:40	672		Die blauen Bengel	1957	10	M60	00:52:31	158
179		159	Bogatschek, Michel	00:52:42	3411		Edeka	1984	17	M30	00:52:32	160
180	W	21	Schürings, Johanna	00:52:48	3352		Spasemacken	1981	3	W35	00:52:37	21
181		160	Cronenberg, André	00:52:55	3174		BSG Sparkasse am Ni	1981	20	M35	00:52:31	159
182		161	Klimas, Stefan	00:52:56	735		Wochen-Magazin Moe	1973	29	M45	00:52:39	161
183		162	Kuhlo, Sebastian	00:53:01	3094		Moers	1976	20	M40	00:52:42	162
184		163	Kempken, Tobias	00:53:04	719			1986	18	M30	00:52:51	164
185		164	Bailliet, Jean-Francois	00:53:07	3261		Moers	1964	26	M50	00:52:51	163
186	W	22	Lämmerzahl, Kristina	00:53:10	3171		Berlin	1983	4	W35	00:53:03	26
187		165	Schürings, Benedickt	00:53:13	1158		Spasemacken	1982	21	M35	00:53:02	167
188	W	23	Nissen, Anika	00:53:14	511		LT Trümmertruppe	1993	6	WHK	00:52:55	22
189		166	Fretschen, Christian	00:53:16	3099		CVJM Neukirchen-Vlu	1968	27	M50	00:52:58	166
190		167	Winterott, Oliver	00:53:16	2784		SV Bayer Uerdingen 0	1963	13	M55	00:52:54	165
191		168	Oilarski, Georg	00:53:18	2740			1958	11	M60	00:53:16	169
192		169	Lukas, Mathias	00:53:21	2826			1987	19	M30	00:53:03	168
193	W	24	Lämmerzahl, Julia	00:53:21	3164		Duisburg	1989	7	WHK	00:53:14	29
194	W	25	Neumann, Birgit	00:53:21	1085		ASV Neukirchen Vlu	1965	3	W50	00:52:59	24
195		170	Unger, Tobias	00:53:24	684		LINEG	1986	20	M30	00:53:21	172
196	W	26	Knape, Daniela	00:53:24	3262		Anchor running crew	1976	4	W40	00:52:57	23
197	W	27	Thelen, Dana	00:53:25	657			1979	5	W35	00:53:11	28
198		171	Schäfer, René	00:53:28	3415		Edeka	1989	23	MHK	00:53:17	171
199		172	Dupont, Didier	00:53:28	3247		Korschenbroich	1956	12	M60	00:53:17	170
200	W	28	Draga, Buss	00:53:29	3312		Moers	1962	4	W55	00:53:11	27
201	W	29	Bovenschen, Birgit	00:53:34	517			1968	4	W50	00:53:03	25
202		173	Robaszynski, Robert	00:53:45	3225		Team Banane	1991	24	MHK	00:53:42	178
203		174	Huppers, Heinz-Peter	00:53:47	1145			1970	30	M45	00:53:23	173
204		175	Vogel, Simon	00:53:52	685		LINEG	1997	25	MHK	00:53:50	180
205		176	Aslan, Deniz	00:53:53	3086		Gemeinde St. Josef M	1993	26	MHK	00:53:41	177
206		177	Ruthmonn, Kai	00:53:54	3102		AS Neukirchen-Vluyn	1961	14	M55	00:53:45	179
207		178	Weiß, Jürgen	00:53:56	518		Wanderwegewelt.de	1967	28	M50	00:53:35	176
208		179	Uelwer, Norbert	00:54:01	666			1964	29	M50	00:53:26	174
209	W	30	Rase, Sigrun	00:54:07	3062		Feuerwehr SV Düssel	1974	5	W40	00:53:52	32
210		180	Sonnen, Arno	00:54:07	3063		Kempfen	1970	31	M45	00:53:52	181
211		181	Cascales, Miguel	00:54:08	3011			1955	13	M60	00:53:55	183
212		182	Klemusch, Thorsten	00:54:11	593			1972	32	M45	00:53:30	175
213		183	Reinecke, Dirk	00:54:11	3138		Moerser TV Triathlon	1953	3	M65	00:54:08	188
214	W	31	Klaumann, Johanna	00:54:14	542		GeldernMed & Freund	1989	8	WHK	00:53:51	31
215	W	32	Latzel, Ute	00:54:14	588			1970	3	W45	00:53:38	30
216		184	Bosch, Frank	00:54:14	3168		Kalkar	1966	30	M50	00:53:54	182
217		185	Clouth, Harald	00:54:17	3272		Haagstreet Runners	1968	31	M50	00:54:02	185
218	W	33	Gläser, Rosanna	00:54:22	3156		TV Vennikel	1965	5	W50	00:53:58	33
219		186	Zöllmann, Marcus	00:54:22	3236		Balu und seine Crew	1966	32	M50	00:54:04	186
220		187	Mosler, Fabian	00:54:26	2555			1998	27	MHK	00:54:17	193

Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
221		188	Wlach, Stefan	00:54:28	3060		Duisburg	1964	33	M50	00:54:07	187
222	W	34	Thissen, Tanja	00:54:28	689			1981	6	W35	00:54:19	35
223		189	Dominiak, Andreas	00:54:33	3377		VFB Uerdingen 1910	1984	21	M30	00:54:16	191
224	W	35	Krause, Ruth	00:54:33	709		Spendenlaufteam Der	1981	7	W35	00:54:23	36
225		190	Roeling, Clemens	00:54:34	695			1966	34	M50	00:54:00	184
226		191	Florin, Wilhelm	00:54:35	3285		Homberger TV	1955	14	M60	00:54:16	192
227		192	Forche, Jan-Philipp	00:54:40	3097		Rhein-Ahr-Marsch - r	1994	28	MHK	00:54:28	197
228		193	Weidenbach, Jens	00:54:47	3080		Essener Jungs	1974	21	M40	00:54:12	189
229		194	Baumann, Marc	00:54:48	3251		Duisburg	1971	33	M45	00:54:25	194
230		195	Kaas, Gerhard	00:54:49	610		BSG Sparkasse am Ni	1970	34	M45	00:54:26	195
231		196	Nothers, Christian	00:54:49	3143		Moers	1966	35	M50	00:54:27	196
232	W	36	Stokvis-Rudolph, Petra	00:54:52	539			1975	6	W40	00:54:14	34
233		197	Birk, Andreas	00:54:54	3196		Moers	1972	35	M45	00:54:43	200
234		198	Brakemeier, Peter	00:54:54	2865		Kamp-Lintfort	1964	36	M50	00:54:15	190
235		199	Mosler, Manuel	00:54:54	2550			1988	22	M30	00:54:45	201
236		200	Damen, Wolfgang	00:54:58	3256		Bataver Laufftreff Em	1959	15	M55	00:54:50	202
237	W	37	Theis, Natalie	00:55:02	2520		Anchor Running Crew	1974	7	W40	00:54:35	37
238	W	38	Keggenhoff, Elisabeth	00:55:04	3309		Die Stolperer	1956	1	W60	00:54:53	39
239		201	Hochmuth, Karsten	00:55:09	658		AIS	1959	16	M55	00:54:52	205
240		202	Monetha, Jochen	00:55:09	712			1963	17	M55	00:54:37	198
241		203	Gil, Thomas	00:55:13	3409		Edeka	1984	23	M30	00:54:42	199
242		204	Bresemann, Manfred	00:55:17	3403		Edeka	1972	36	M45	00:54:50	204
243		205	La Spada, Franco	00:55:19	2779			1977	22	M40	00:54:50	203
244	W	39	Schwittek, Silke	00:55:22	713			1974	8	W40	00:55:07	41
245		206	Schwittek, Michael	00:55:22	714		Die Fruchtzwerge	1978	23	M40	00:55:07	209
246		207	Dr.schnier, Lars-Olaf	00:55:25	581		Staubwolke Krefeld	1960	18	M55	00:55:07	208
247		208	Eidens, Joachim	00:55:26	3017		NRZ Heimatläufer	1953	4	M65	00:54:54	206
248		209	Gamalski, Fabian	00:55:26	3166			1991	29	MHK	00:55:01	207
249	W	40	Atasever, Claudia	00:55:28	3132		FS Rheinkamp	1961	5	W55	00:54:48	38
250	W	41	Stöß, Francie	00:55:34	558		SV Neukirchen-Vluyn	1990	9	WHK	00:54:57	40
251		210	Langenhahn, Stefan	00:55:40	2874		Bocholt	1967	37	M50	00:55:25	214
252		211	Nüse, Thorsten	00:55:40	3230		Lauff Automobile	1969	37	M45	00:55:27	215
253		212	Kubicki, Michael	00:55:41	3355		Moers	1992	30	MHK	00:55:24	213
254		213	Lobe, Andreas	00:55:44	3190		Moers	1964	38	M50	00:55:15	211
255		214	Wiesner, Michael	00:55:51	739		Wochen-Magazin Moe	1966	39	M50	00:55:33	217
256		215	Illigens, Jörg	00:55:53	2861		Rumelner TV	1969	38	M45	00:55:49	220
257		216	Draheim, Arne	00:55:55	3053		Moers	1987	24	M30	00:55:14	210
258		217	Wellmanns, Mario	00:55:56	3179		BSG Sparkasse am Ni	1978	24	M40	00:55:32	216
259		218	de Spirt, Michael	00:55:59	3229		Düsseldorf	1974	25	M40	00:55:22	212
260		219	Hübel, Marcel	00:56:02	2855		Bierlaufgruppe NRW	1982	22	M35	00:55:42	218
261	W	42	Chroboczek, Magdalena	00:56:04	3406		Edeka	1980	8	W35	00:55:45	42
262		220	Weiss, Horst	00:56:05	3085		Gemeinde St. Josef M	1963	19	M55	00:55:53	221
263		221	Schreiber, Dirk	00:56:14	3113			1968	40	M50	00:55:42	219
264	W	43	Holtz, Nancy	00:56:17	3157		TV Vennikel	1981	9	W35	00:55:53	43
265	W	44	Frenzke, Janine	00:56:17	3159			1990	10	WHK	00:55:53	44
266		222	Schneider, Christian	00:56:21	3300		Moers	1965	41	M50	00:55:58	222
267	W	45	Mosters, Ingrid	00:56:22	653		SV Menzelen	1955	2	W60	00:56:17	47
268		223	Zweier, Lukas	00:56:24	2864			2001	4	MJ U18	00:56:07	223
269		224	Geyer, Jürgen	00:56:26	2626			1965	42	M50	00:56:16	225
270		225	Fischer, Helmuth	00:56:29	2840		AS Neukirchen	1946	2	M70	00:56:24	231
271	W	46	Pooth, Cécile	00:56:34	661			2001	1	WJ U18	00:56:13	46
272		226	Lange, Thomas	00:56:35	3260		Wielenbach	1972	39	M45	00:56:17	228
273		227	Siepmann, Christoph	00:56:35	613			1969	40	M45	00:56:09	224
274		228	Stoll, Wenzel	00:56:37	2854		Bierlaufgruppe NRW	1972	41	M45	00:56:18	229
275		229	Wess, Hubert	00:56:39	3302		Moers	1951	5	M65	00:56:34	236

Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
276	W	47	Ochs, Juliane	00:56:41	742			1988	4	W30	00:56:04	45
277	W	48	Ruoff, Clara	00:56:45	3278		Kamp-Lintfort	1999	1	WJ U20	00:56:37	49
278		230	Leyendecker, Achim	00:56:48	598			1963	20	M55	00:56:16	227
279	W	49	Sawin, Ani	00:56:51	2868			1983	10	W35	00:56:20	48
280		231	Hiedels, Réne	00:56:53	3286		Homberger TV	1992	31	MHK	00:56:39	238
281		232	Menke, Klaus	00:56:54	698		AS Neukirchen-Vluyn	1952	6	M65	00:56:24	232
282		233	Marißen, Klaus	00:56:55	736		Wochen-Magazin Moe	1950	7	M65	00:56:39	239
283	W	50	van Megen, Beate	00:56:56	690			1983	11	W35	00:56:48	52
284		234	Steinhaus, Bernd	00:56:58	552			1970	42	M45	00:56:16	226
285		235	Gadischke, Andreas	00:56:59	3366		FSR	1970	43	M45	00:56:20	230
286		236	Rau, Rüdiger	00:57:00	3186			1961	21	M55	00:56:33	234
287		237	Götzen, Michael	00:57:00	3185			1965	43	M50	00:56:34	235
288		238	Höffken, Sven	00:57:01	582			1973	44	M45	00:56:28	233
289		239	Meier-Ebert, Finn	00:57:05	3430		Filder Benden	2006	5	MJ U18	00:56:56	245
290		240	Knappmann, Jan	00:57:06	3064		KnappmannTours	1987	25	M30	00:56:53	243
291		241	Kretzer, Dieter	00:57:06	645		TV Uftort-Eick 1981	1950	8	M65	00:56:50	241
292	W	51	Heinrich, Annette	00:57:06	3093		Moers	1977	9	W40	00:56:48	51
293		242	Abels, David	00:57:10	2857		TVK	2006	6	MJ U18	00:57:04	249
294	W	52	Siepmann, Nicole	00:57:10	612			1971	4	W45	00:56:43	50
295		243	Dargel, Christian	00:57:11	3172			1981	23	M35	00:56:34	237
296		244	Debelts, Frank	00:57:21	3014		LG RWE Power	1963	22	M55	00:56:50	242
297		245	Heck, Markus	00:57:21	619		LC Duisburg	1972	45	M45	00:56:49	240
298		246	Weiss, Rainer	00:57:22	3087		Gemeinde St. Josef M	1984	26	M30	00:57:10	252
299	W	53	Stöcker, Mareen	00:57:24	594			1996	11	WHK	00:57:00	53
300		247	Schweig, Norbert	00:57:27	3356		VT Kempen	1953	9	M65	00:57:18	256
301		248	Hafner, Juri	00:57:31	3349		Fernseh Suhr	1959	23	M55	00:57:07	251
302	W	54	Sonnefeld, Heike	00:57:37	503		AS Neukirchen-Vluyn	1958	3	W60	00:57:24	55
303		249	Zak, Oliver	00:57:39	601		bunert - Der Moerser	1975	26	M40	00:56:55	244
304		250	Winkler, Josef	00:57:40	671		Lintforter Krabbler	1963	24	M55	00:57:05	250
305		251	Demiral, Tanzer	00:57:40	3254		MTV Volleyball	1973	46	M45	00:57:01	248
306		252	Schaffner, Tobias	00:57:40	3255		MTV Volleyball	1990	32	MHK	00:57:01	247
307		253	Noack, Heiko	00:57:40	564			1977	27	M40	00:56:59	246
308		254	Meißner, Martin	00:57:41	3194		Moers	1966	44	M50	00:57:13	254
309		255	Bröcking, Markus	00:57:42	675			1967	45	M50	00:57:10	253
310	W	55	Binkowski, Carina	00:57:49	722			1981	12	W35	00:57:29	56
311	W	56	Großbongardt, Kristin	00:57:54	3226		Team Banane	1989	12	WHK	00:57:50	63
312	W	57	Kalusche, Katja	00:57:55	3122			1972	5	W45	00:57:43	62
313	W	58	Wehlings, Heike	00:57:56	2853		Moerser TV Triathlon	1969	6	W45	00:57:23	54
314		256	Kok, Dirk	00:57:58	1213			1969	47	M45	00:57:14	255
315		257	Janzen, Günther	00:58:00	3298		Homberger TV	1947	3	M70	00:57:36	257
316	W	59	Michely, Mareike	00:58:07	3206		Alpen	1983	13	W35	00:57:41	59
317	W	60	Staymann, Katrin	00:58:07	3213		LG Alpen	1982	14	W35	00:57:42	60
318	W	61	Simon, Bianca	00:58:07	571		Ausdauerschule by bu	1978	10	W40	00:57:53	65
319		258	Gardemann, Guido	00:58:12	717		Spendenlaufteam Der	1968	46	M50	00:58:00	263
320	W	62	Giemsä, Monika	00:58:13	726		LWT Kevelaer	1977	11	W40	00:57:56	66
321	W	63	Stührenberg, Anke	00:58:15	699		BSG Wirtschaftsbetrie	1985	5	W30	00:57:39	58
322	W	64	Borgolte, Ronja-Asta	00:58:15	3313		Witten	1987	6	W30	00:57:37	57
323		259	Nölscher, Michael	00:58:16	3404		Edeka	1979	24	M35	00:57:48	260
324	W	65	Hauser, Nicole	00:58:16	566		Ausdauerschule by bu	1972	7	W45	00:58:02	69
325		260	Nicolaus, Ralf	00:58:17	583		LT Vynen	1966	47	M50	00:57:47	259
326	W	66	Burda, Jessica	00:58:17	3203			1992	13	WHK	00:57:51	64
327	W	67	Zeller, Kristina	00:58:18	2575			1990	14	WHK	00:58:15	71
328	W	68	Lottes, Regina	00:58:19	3032		Team Lottes	1965	6	W50	00:58:00	68
329		261	Spreer, Christian	00:58:20	706		LT Berka Stars	1964	48	M50	00:57:41	258
330	W	69	Horning-Hohl, Angelika	00:58:20	567		Huckinger Marathonis	1960	6	W55	00:57:59	67

Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
331	W	70	Nyhofen, Nicole	00:58:21	576			1971	8	W45	00:57:43	61
332	W	71	Marklein, Nicole	00:58:24	723			1979	15	W35	00:58:04	70
333		262	Tück, Sascha	00:58:27	3045		NRZ Heimatläufer	1973	48	M45	00:58:15	264
334	W	72	Tück, Christiane	00:58:27	3044		NRZ Heimatläufer	1979	16	W35	00:58:15	72
335		263	Bendig, Joshua	00:58:30	3414		Edeka	1988	27	M30	00:57:55	261
336		264	Jacobsen, Arne	00:58:31	3431		Filder Benden	2006	7	MJ U18	00:58:22	271
337		265	Hüsken, Heinz	00:58:34	729		FS Rheinkamp	1949	10	M65	00:58:18	268
338		266	Laakmann, Jan	00:58:35	2642		FDP Moers	1977	28	M40	00:57:57	262
339		267	Koopmann, Franz	00:58:37	2851		Laufschmiede Rheurd	1945	4	M70	00:58:18	267
340	W	73	Graw, Alina	00:58:44	3243		Früchtchen	1999	2	WJ U20	00:58:20	74
341		268	Schmeel, Markus	00:58:45	656			1984	28	M30	00:58:17	266
342		269	Hoffmann, Sascha	00:58:45	2796		Lanxess Deutschland	1990	33	MHK	00:58:28	272
343		270	Janotta, Gerold	00:58:47	3402		Edeka	1965	49	M50	00:58:19	270
344		271	Wieden, Frank	00:58:54	3049		MSV Moers	1959	25	M55	00:58:15	265
345		272	Wehling, Daniel	00:58:54	3234		FC Laufsocke	1978	29	M40	00:58:18	269
346	W	74	Kotzur, Christina	00:58:56	725			1989	15	WHK	00:58:19	73
347	W	75	Böcker, Johanna	00:59:01	3416		Edeka	1991	16	WHK	00:58:26	75
348		273	Weyers, Heinz-Josef	00:59:09	3422		Filder Benden	1967	50	M50	00:59:02	279
349	W	76	Knops, Christiane	00:59:14	3030		NRZ Heimatläufer	1972	9	W45	00:58:46	77
350		274	Milkereit, André	00:59:22	545		GeldernMed & Freund	1971	49	M45	00:59:01	278
351	W	77	Paulus, Monique	00:59:22	524			1980	17	W35	00:58:41	76
352	W	78	Winkels, Manuela	00:59:25	572		LC Duisburg	1963	7	W55	00:58:46	78
353	W	79	Marmaro, Jessica	00:59:27	3407		Edeka	1981	18	W35	00:59:00	79
354	W	80	Schoepp, Julia	00:59:27	3208			1975	12	W40	00:59:05	81
355	W	81	Birk, Nicole	00:59:28	3197		Moers	1973	10	W45	00:59:06	82
356		275	Diemer, Jens	00:59:28	3075		Wir kommen später...	1977	30	M40	00:58:57	277
357		276	Ellinghaus, David	00:59:32	3090		Essener Jungs	1976	31	M40	00:58:56	275
358		277	Bork, Siegfried	00:59:32	644		TV Uftort-Eick 1981	1959	26	M55	00:59:07	281
359		278	Henze, Hans-Walter	00:59:32	3021		Laufschule Oberhause	1968	51	M50	00:58:56	274
360		279	Rabeling, Thomas	00:59:33	3035		NRZ Heimatläufer	1967	52	M50	00:58:57	276
361		280	Audick-Dehn, Stefan	00:59:33	507			1977	32	M40	00:58:54	273
362		281	Christ, Dirk	00:59:37	599		Lauffreunde HADI We	1971	50	M45	00:59:06	280
363	W	82	Unterkofler, Anke	00:59:38	3046			1969	11	W45	00:59:05	80
364	W	83	Bauer, Carina	00:59:45	541		GeldernMed & Freund	1991	17	WHK	00:59:22	87
365		282	Lorkowski, Peter	00:59:46	584		Die blauen Bengel	1963	27	M55	00:59:16	283
366	W	84	Klesse, Renate	00:59:46	3098		BSV ThyssenKrupp St	1955	4	W60	00:59:20	86
367	W	85	Menke, Mirjam	00:59:48	3237		AS Neukirchen-Vluyn	1995	18	WHK	00:59:19	85
368	W	86	Stoppa, Isolde	00:59:52	3342		Rheinberg	1978	13	W40	00:59:11	83
369		283	Radojewski, Marko	00:59:52	3246		Viersen	1965	53	M50	00:59:12	282
370	W	87	Reifenrath, Bettina	00:59:56	3376			1967	7	W50	00:59:35	88
371		284	Grootz, Christian	00:59:58	3067		LT Vynen	1986	29	M30	00:59:41	285
372		285	Petermann, Yannick	01:00:02	3305			1993	34	MHK	00:59:18	284
373	W	88	Schlegel, Nina	01:00:06	3145		Moerser TV Hockey	1993	19	WHK	00:59:12	84
374		286	Gärtner, Florian	01:00:08	2669		Metallbau Pfitzer	1997	35	MHK	00:59:51	287
375	W	89	van Bebber, Carolin Anna	01:00:12	525			1990	20	WHK	00:59:39	89
376	W	90	Jacobsen, Frieda	01:00:19	3432		Filder Benden	2006	2	WJ U18	00:59:40	90
377	W	91	Wolf, Vanessa	01:00:28	3191		Duisburg	1985	7	W30	01:00:01	91
378	W	92	Entrup, Judith	01:00:30	3078		Dinslaken	1976	14	W40	01:00:04	92
379		287	Andres, Ron	01:00:30	3180		Düsseldorf	1977	33	M40	01:00:04	288
380		288	Stock, Peter	01:00:31	3217		SV Borussia Veen	1963	28	M55	00:59:46	286
381		289	Ritter, Achim	01:00:32	3283		Homberger TV	1947	5	M70	01:00:08	290
382		290	van Bebber, Wolfgang	01:00:41	565		Volksbank Niederrhei	1962	29	M55	01:00:07	289
383		291	Weyh, Harald	01:00:50	3139		ASV Duisburg	1962	30	M55	01:00:20	291
384		292	Gabriel, Heribert	01:00:57	3127		Lauffreunde Hadi Wes	1952	11	M65	01:00:41	292
385		293	Pfeiffer, Karl	01:01:04	3223		Moers	1965	54	M50	01:00:42	293

Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
386		294	Kheir, Fouad	01:01:18	3408		Edeka	1982	25	M35	01:00:50	294
387		295	Jochims, Jörg	01:01:19	586		Fighting Surgeons	1961	31	M55	01:00:58	295
388		296	Klein, Bernd	01:01:21	718			1966	55	M50	01:01:01	297
389		297	Volk, Norbert	01:01:24	2870		St. Josef-Krankenhaus	1960	32	M55	01:01:05	298
390	W	93	Santer, Lucia	01:01:24	3427		Filder Benden	1999	3	WJ U20	01:00:54	95
391	W	94	Santer, Clara	01:01:24	3425		Filder Benden	1990	21	WHK	01:00:54	94
392		298	Gerlings, Karl-Heinz	01:01:26	505			1965	56	M50	01:01:06	299
393		299	Drev, Oliver	01:01:32	3089		KSV Moers	1968	57	M50	01:01:13	302
394	W	95	Kosboth, Ronja	01:01:35	3304			1991	22	WHK	01:00:51	93
395		300	Mattler, Johannes	01:01:36	3200		Duisburg	1958	15	M60	01:00:59	296
396		301	Dürrbaum, Ingo	01:01:38	3135		TV-Kapellen	1974	34	M40	01:01:36	305
397	W	96	Radeke, Katharina	01:01:39	1159		Physiotherapie Praxis	1977	15	W40	01:01:13	96
398		302	Wagner, Oliver	01:01:39	720		BSG ENNI	1981	26	M35	01:01:07	300
399		303	Jakob, Lennart	01:01:46	3428		Filder Benden	2004	8	MJ U18	01:01:10	301
400		304	Gartke, Udo	01:01:56	3344		AS Neukirchen-Vluyn	1955	16	M60	01:01:18	303
401		305	Haseloff, Jörg	01:02:07	3092		Essener Jungs	1977	35	M40	01:01:31	304
402	W	97	Mekus-Wilczek, Bianca	01:02:12	3096		Meerbusch	1978	16	W40	01:01:42	98
403	W	98	Draken, Alisa	01:02:21	3420		Edeka	2003	3	WJ U18	01:01:40	97
404	W	99	van de Wal, Christel	01:02:27	574		Sparkasse Krefeld	1958	5	W60	01:01:45	99
405		306	Mcdonald, Sean	01:02:30	3354		Kevlaer	1982	27	M35	01:02:05	308
406	W	100	Minor, Sonja	01:02:30	692		AS Neukirchen-Vluyn	1965	8	W50	01:01:52	100
407	W	101	Desoi, Sarah	01:02:36	3323		EASY Üttys	1981	19	W35	01:02:06	105
408		307	Plambeck, Thomas	01:02:38	611		coolste familie	1963	33	M55	01:01:57	306
409	W	102	Drenker, Heike	01:02:38	3245		Viersen	1969	12	W45	01:01:57	101
410	W	103	Bruns, Kathleen	01:02:41	538			1980	20	W35	01:02:02	103
411	W	104	Bruns, Petra	01:02:44	536			1958	6	W60	01:02:05	104
412	W	105	Ubben-Folkerts, Inge	01:02:46	320		Nordwind	1976	17	W40	01:02:02	102
413		308	Plenkmann, Werner	01:02:46	646		TV Uftort-Eick 1981	1950	12	M65	01:02:01	307
414	W	106	Jürgens, Melanie	01:02:49	3163		Mönchengladbacher T	1963	8	W55	01:02:32	109
415		309	Minor, Stephan	01:02:50	693		AS Neukirchen-Vluyn	1966	58	M50	01:02:14	310
416	W	107	Vogel Nikolaus, Nicole	01:02:51	691		AS Neukirchen-Vluyn	1972	13	W45	01:02:14	107
417		310	Schoofs, Theo	01:02:53	3231		Mülheim an der Ruhr	1936	1	M80	01:02:27	312
418		311	Kentrat, Christoph	01:02:53	3068			1995	36	MHK	01:02:10	309
419	W	108	Pihl, Christine	01:02:55	3069		Moers	1995	23	WHK	01:02:12	106
420		312	Müller, Thomas	01:03:00	3073		Moers	1984	30	M30	01:02:21	311
421	W	109	Müller-Feldhaus, Inga	01:03:00	3072		Moers	1990	24	WHK	01:02:21	108
422	W	110	Seipel, Isabell	01:03:05	3329		Rheinberg	1994	25	WHK	01:02:33	110
423		313	Seipel, Andreas	01:03:05	3335		Rheinberg	1960	34	M55	01:02:34	313
424		314	Klisch, Norbert	01:03:13	3421		Filder Benden	1966	59	M50	01:02:42	316
425	W	111	Klisch, Janne	01:03:14	3426		Filder Benden	1991	26	WHK	01:02:42	113
426	W	112	Ellinghaus, Carola	01:03:14	3091		Essener Jungs	1978	18	W40	01:02:38	111
427		315	Hauschild, Dirk	01:03:15	2867		Neukirchen-Vluyn	1968	60	M50	01:02:41	314
428	W	113	Ivanek, Jana	01:03:24	3433		Filder Benden	2006	4	WJ U18	01:02:44	114
429		316	Müller, Daniel	01:03:26	2643		LC Duisburg	1964	61	M50	01:02:43	317
430	W	114	Kloster-Wiese, Kerstin	01:03:27	3084		Mainz	1986	8	W30	01:02:41	112
431		317	Wiese, Wanja	01:03:28	3126		Strohhutbande	1983	28	M35	01:02:42	315
432		318	Grönert, Günter	01:03:30	3282		Homberger TV	1938	2	M80	01:03:06	320
433	W	115	Hövel, Susanne	01:03:33	3369		AS Neukirchen-Vluyn	1966	9	W50	01:02:56	116
434	W	116	Lohmann, Heike	01:03:34	2666		AS Neukirchen-Vluyn	1969	14	W45	01:02:55	115
435	W	117	Bongardt, Lina	01:03:38	3133		Moers	1990	27	WHK	01:03:01	117
436		319	Erkan, Hasan	01:03:38	3134		Moers	1985	31	M30	01:03:01	319
437		320	Hoydem, Andreas	01:03:42	3340		Fortuna Kallestrasse	1970	51	M45	01:02:59	318
438	W	118	Milkereit, Lisa	01:03:43	544		GeldernMed & Freund	1976	19	W40	01:03:22	120
439		321	Steidl, Kurt	01:03:46	647		TV Uftort-Eick 1981	1951	13	M65	01:03:28	325
440	W	119	Vester, Doris	01:03:47	560		BSG Sparkasse Krefel	1969	15	W45	01:03:04	118

G=Geschlecht (kein Eintrag bei M) - NAT=Nation (kein Eintrag bei GER) - PAK=Platz Altersklasse - Z-Diff=Zeitdifferenz zum 1. Platz

Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
441		322	Hohn, Sebastian	01:03:48	557		CrossFit Goch	1984	32	M30	01:03:44	328
442		323	Sensen, Frank	01:03:49	570		Sparkasse Krefeld	1969	52	M45	01:03:08	321
443		324	Digiaco, Riccardo	01:04:00	522			1968	62	M50	01:03:17	322
444	W	120	Chrzanowski, Johanna	01:04:01	523			1980	21	W35	01:03:18	119
445		325	Bach, Markus	01:04:01	521			1966	63	M50	01:03:19	323
446	W	121	Lorenz, Jessica	01:04:02	639		Team Erdinger Alkoh	1979	22	W35	01:03:29	122
447	W	122	Schuldt, Sonja	01:04:02	702			1973	16	W45	01:03:29	121
448		326	Schneider, Philipp	01:04:03	3381		Moers	1972	53	M45	01:03:30	326
449		327	Fuhlrott, Jürgen	01:04:09	3301		Hünxe	1963	35	M55	01:03:24	324
450		328	Busch, Hans-Josef	01:04:12	519		LTS Schirick	1957	17	M60	01:03:41	327
451	W	123	Schütte, Larissa	01:04:22	2863			1993	28	WHK	01:04:13	123
452		329	Stock, Peter	01:04:28	648		TV Uftort-Eick 1981	1959	36	M55	01:04:09	330
453		330	Rademacher, Klaus	01:04:41	3235		Kaltenkirchen	1977	36	M40	01:04:07	329
454	W	124	Kuller, Laura	01:04:44	3249		Korschenbroich	1993	29	WHK	01:04:14	124
455	W	125	Przystarz, Stefanie	01:04:46	596			1985	9	W30	01:04:26	125
456		331	Borges, Martin	01:05:05	2611		FDP Moers	1960	37	M55	01:04:24	331
457		332	Wollmerstädt, Stefan	01:05:05	1114			1981	29	M35	01:04:25	332
458	W	126	Kinner, Stefanie	01:05:23	3169		Moers	1985	10	W30	01:05:17	128
459	W	127	Unterkofler, Anna-Marie	01:05:31	3047			1995	30	WHK	01:04:59	126
460		333	Müller, Thomas	01:05:32	2427		Krankenhaus Bethani	1979	30	M35	01:05:04	333
461	W	128	Müller, Indra	01:05:32	3136		TV Schwafheim 1900	1977	20	W40	01:05:04	127
462	W	129	Mill, Marlies	01:05:48	3294		Homberger TV	1949	1	W65	01:05:19	129
463	W	130	Platen, Petra	01:05:51	663			1959	9	W55	01:05:37	133
464	W	131	Bork, Claudia	01:05:53	641		TV Uftort-Eick 1981	1970	17	W45	01:05:28	132
465	W	132	Ruthmann, Birgit	01:06:00	3101		AS Neukirchen-Vluyn	1966	10	W50	01:05:23	130
466	W	133	Junior, Fentje	01:06:05	638			1986	11	W30	01:05:23	131
467		334	Wolf, Horst	01:06:37	3192		Duisburg	1951	14	M65	01:06:10	334
468	W	134	Tönnis, Ariane	01:07:02	3232		keiner	1978	21	W40	01:06:20	134
469		335	Reiff, Volker	01:07:23	3210		Rheinberg	1965	64	M50	01:07:16	337
470	W	135	Simon, Sarah Madeleine	01:07:25	737		Wochen-Magazin Moe	1986	12	W30	01:07:09	138
471	W	136	Jacobs, Silke	01:07:31	546		GeldernMed & Freund	1972	18	W45	01:07:08	137
472	W	137	Huth, Sabrina	01:07:36	721		SV Neukirchen-Vluyn	1989	31	WHK	01:06:58	136
473		336	Rohde, Hans-Günter	01:07:36	3170		AS Neukirchen-Vluyn	1956	18	M60	01:07:03	336
474	W	138	Vester, Conny	01:07:37	563			1974	22	W40	01:06:55	135
475		337	Manders, Bernd	01:07:37	561			1971	54	M45	01:06:55	335
476		338	Echternach, Peter	01:07:58	3015		Anwaltskanzlei Echter	1949	15	M65	01:07:52	339
477		339	Finkel, Gunther	01:08:09	3292		Homberger TV	1951	16	M65	01:07:39	338
478	W	139	van Ree, Marion	01:08:17	642		TV Uftort-Eick 1981	1960	10	W55	01:07:53	139
479	W	140	Dohmen, Petra	01:09:23	630			1981	23	W35	01:08:58	143
480	W	141	Birkenmaier, Sonja	01:09:24	3006		Lauffreunde HADI We	1975	23	W40	01:08:56	141
481	W	142	Steinbach, Silke	01:09:25	3040		Lauffreunde HADI We	1975	24	W40	01:08:57	142
482	W	143	Kohls, Lisa	01:09:30	3056		Moers	1993	32	WHK	01:08:46	140
483		340	Rohrberg, Felix	01:09:30	3057		Moers	1991	37	MHK	01:08:46	340
484	W	144	Schemuth, Haemi	01:09:56	595		CrossFit Essen	1986	13	W30	01:09:13	144
485	W	145	Gramstat, Susanne	01:10:19	627		Team Erdinger Alkoh	1971	19	W45	01:09:39	145
486		341	Bongardt, Dirk	01:10:44	3181		Speedys Holderberg	1963	38	M55	01:10:20	341
487	W	146	Lutkemeier, Ellen	01:10:59	2789		AS Neukirchen-Vluyn	1962	11	W55	01:10:18	146
488	W	147	Pause, Martina	01:10:59	2786		AS Neukirchen-Vluyn	1961	12	W55	01:10:18	147
489	W	148	Exposito Rodriguez, Maria	01:12:29	743		Lintforter Krabbler	1964	11	W50	01:11:53	148
490	W	149	Baumann, Anja	01:12:29	625		Lintforter Krabbler	1972	20	W45	01:11:54	149
491	W	150	Nuese, Angela	01:12:47	569			1972	21	W45	01:12:05	150
492	W	151	Sass, Melanie	01:12:47	616			1985	14	W30	01:12:08	151
493	W	152	Herzog, Heike	01:14:34	614		OSC 04 Rheinhausen	1961	13	W55	01:13:48	152
494		342	Thijssen, Henk	01:17:13	615			1954	19	M60	01:16:27	342
495	W	153	Schmidt, Leonie	01:17:54	547		GeldernMed & Freund	1992	33	WHK	01:17:32	153

Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
496	W	154	Paasens, Karin	01:17:54	551		GeldernMed & Freund	1967	12	W50	01:17:32	154
497	W	155	Reinders-Neubauer, Corn	01:18:27	575			1970	22	W45	01:17:49	156
498	W	156	Van Setten, Sabine	01:18:28	3337		Neukirchen-Vluyn	1971	23	W45	01:17:43	155