

Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
1		1	Beus, Armin-Gero	00:16:43	374		SV Sonsbeck 1919	1994	1	MHK	00:16:42	1
2		2	Neuens, Jan	00:16:58	2159		ASV Duisburg	1997	2	MHK	00:16:58	2
3		3	Mühlemeier, Hendrik	00:17:16	1991		moers festival	1986	1	M30	00:17:15	3
4		4	Verheyen, Florian	00:17:49	440		Moerser TV Triathlon	1984	2	M30	00:17:48	4
5		5	Heesen, Christoph	00:17:51	27			1983	3	M30	00:17:50	5
6		6	Kloß, Christopher	00:17:58	225		Der Xantener - das S	1980	1	M35	00:17:57	6
7		7	Costa, Julio	00:18:15	472		AS Neukirchen-Vluyn	1974	1	M40	00:18:13	7
8		8	Bitschinski, Kai	00:18:23	435		LG Alpen	1991	3	MHK	00:18:22	8
9		9	Schulte-Werflinghoff, Chri	00:18:27	210		BSG ENNI	1983	4	M30	00:18:27	9
10		10	Jobb, Benedikt	00:18:42	2307		TuS Xanten Triathlon	1991	4	MHK	00:18:41	10
11		11	Winnen, André	00:18:52	227		Der Xantener - das S	1971	1	M45	00:18:51	11
12		12	Abdelkader, Somati	00:19:03	320		Moerser TV	1990	5	MHK	00:19:02	13
13		13	Köhler, Sven	00:19:04	2584		TuS Xanten	1982	2	M35	00:19:01	12
14		14	Senftleben, Luca	00:19:10	324		Moerser TV	1999	1	MJ U20	00:19:09	14
15		15	Lojak, Thomas	00:19:12	42			1993	6	MHK	00:19:12	15
16		16	Haupt, Marcel	00:19:17	2796		Krankenhaus Bethani	1979	3	M35	00:19:16	17
17		17	Sendler, Hanno	00:19:19	2813		Krankenhaus Bethani	1983	5	M30	00:19:15	16
18		18	Schlimnat, Michael	00:19:24	411		TuS Xanten	1976	2	M40	00:19:19	18
19		19	Peuser, Matthias	00:19:26	353		Rumelner TV	2000	1	MJ U18	00:19:23	19
20		20	Hoff, Thorben	00:19:29	2723		Gymnasium Filder Be	2000	2	MJ U18	00:19:27	20
21		21	Elm, Marcus	00:19:33	3215		Berufskolleg für Tech	1974	3	M40	00:19:30	21
22		22	Vogel, Tillmann	00:19:36	2816		Krankenhaus Bethani	1963	1	M50	00:19:34	22
23		23	Lerch, Frank	00:19:39	2989			1975	4	M40	00:19:37	23
24	W	1	Joosten, Judith	00:19:46	376		SV Sonsbeck 1919	1994	1	WHK	00:19:44	1
25		24	Löll, Thorsten	00:19:49	349		Roadrunners	1971	2	M45	00:19:48	25
26		25	Bryll, Holger	00:19:54	2376		Hellraiser Reborn	1968	3	M45	00:19:53	26
27		26	Franke, Ron	00:19:55	223		Der Xantener - das S	1964	2	M50	00:19:54	27
28		27	Heide, Christoph	00:19:58	1904		Bochum	1991	7	MHK	00:19:56	28
29		28	Ettwig, Stefan	00:19:58	385		SV Walbeck	1983	6	M30	00:19:56	29
30		29	Mölders, Daniel	00:19:59	49			1987	7	M30	00:19:57	31
31		30	Kexel, Florian	00:19:59	1932		Josef Runners	1996	8	MHK	00:19:56	30
32		31	Brudnitzki, Jonas	00:20:01	1163		INEOS Solvents Runn	1984	8	M30	00:19:58	32
33	W	2	v. Beek, Marlien	00:20:06	460		De Hangstraat	1965	1	W50	00:20:05	2
34	W	3	Willems, Kathrin	00:20:10	413		TuS Xanten	1986	1	W30	00:20:09	3
35		32	Kaminski, Leon Leander	00:20:11	681		Sg Essen-Schönebeck	2001	3	MJ U18	00:20:06	33
36		33	Jakob, Marco	00:20:12	161		AS Neukirchen-Vluyn	1997	9	MHK	00:19:47	24
37		34	Jilg, Michael	00:20:14	36			1960	1	M55	00:20:12	35
38		35	Hecker, Erik	00:20:19	2360		Krefeld Bockum	1971	4	M45	00:20:18	36
39		36	Uzkureit, Luka	00:20:24	1146		INEOS Solvents Runn	1997	10	MHK	00:20:12	34
40		37	Grote, Stephan	00:20:25	406		TuS Xanten	1971	5	M45	00:20:24	38
41		38	von den Driesch, Jens	00:20:27	1860		Homberger TV	1999	2	MJ U20	00:20:24	39
42		39	Kühn, Christian	00:20:31	3264		Krankenhaus Bethani	1985	9	M30	00:20:28	40
43		40	Scholten, Marco	00:20:32	366		SUS Kalkar	1976	5	M40	00:20:23	37
44		41	Hüper, Kenzo	00:20:33	2725		Gymnasium Filder Be	2002	4	MJ U18	00:20:32	41
45		42	Janßen, Andreas	00:20:36	384		SV Viktoria Goch	1972	6	M45	00:20:34	42
46		43	Koch, Thomas	00:20:46	1657		Runner's World	1981	4	M35	00:20:43	45
47		44	Löll, Markus	00:20:49	2585		INEOS Solvents Runn	1974	6	M40	00:20:48	47
48		45	Miller, Jermaine	00:20:51	2802		Krankenhaus Bethani	2000	5	MJ U18	00:20:46	46
49		46	Radtke, Jörg	00:20:51	1960		SWK LaufWerk	1966	3	M50	00:20:38	44
50		47	Schnabel, Christoph	00:20:51	447			1981	5	M35	00:20:38	43
51		48	Neugebauer, Dieter	00:20:53	168		AS Neukirchen-Vluyn	1963	4	M50	00:20:51	49
52	W	4	Müller, Theresa	00:20:55	167		AS Neukirchen-Vluyn	2002	1	WJ U18	00:20:53	4
53		49	Schneiders, Ralf	00:20:55	285		Lauffreunde HADI We	1967	5	M50	00:20:53	50
54		50	Weier, Armin	00:21:00	412		TuS Xanten	1958	2	M55	00:20:51	48
55		51	Schmidlers, Ralph	00:21:05	170		AS Neukirchen-Vluyn	1959	3	M55	00:21:00	54

G=Geschlecht (kein Eintrag bei M) - NAT=Nation (kein Eintrag bei GER) - PAK=Platz Altersklasse - Z-Diff=Zeitdifferenz zum 1. Platz

Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
56		52	Remy, Michael	00:21:06	2809		Krankenhaus Bethani	1989	11	MHK	00:21:03	55
57		53	Wilke, Christian	00:21:07	2108		Moers	1974	7	M40	00:20:54	51
58		54	Mallmann, Marcus	00:21:07	45			1971	7	M45	00:21:05	57
59		55	Schütz, Jan	00:21:08	211		BSG ENNI	1992	12	MHK	00:21:05	56
60		56	Rölleke, Knud	00:21:08	1143		INEOS Solvents Runn	1970	8	M45	00:21:06	58
61		57	Wisniewski, Moritz	00:21:11	2787		Gymnasium Filder Be	1986	10	M30	00:20:55	52
62		58	Mascia, Dennis	00:21:17	2935		Moerser TV Leichtathl	1996	13	MHK	00:21:13	60
63		59	Sperlich, Egbert	00:21:19	1156		INEOS Solvents Runn	1965	6	M50	00:21:16	61
64		60	Esser, Stefan	00:21:19	247		Eintracht Duisburg	1976	8	M40	00:21:18	62
65		61	Clausmeyer, Tobias	00:21:23	2060		Josef Runners	1989	14	MHK	00:21:10	59
66		62	Julius, Itta	00:21:24	1902		Vegan Racing Team	1991	15	MHK	00:21:20	63
67		63	Püschel, Simon	00:21:25	1767		Moers	1992	16	MHK	00:20:57	53
68		64	Mecking, Fabian	00:21:34	2799		Krankenhaus Bethani	1996	17	MHK	00:21:32	67
69		65	Kexel, Christian	00:21:36	1931		Josef Runners	1995	18	MHK	00:21:27	65
70		66	Fuchs, Luis	00:21:37	2949		Moerser TV Leichtathl	2002	6	MJ U18	00:21:37	71
71		67	Barz, Dimitri	00:21:42	436		INEOS Solvents	1980	6	M35	00:21:37	70
72		68	Balig, Manuel	00:21:42	4			1998	3	MJ U20	00:21:35	68
73		69	Bernhard, Robert Marcel	00:21:42	1735		Lauftreff Condor	1999	4	MJ U20	00:21:36	69
74		70	Samake, Seydou	00:21:43	1286		Betreuungsverein der	1999	5	MJ U20	00:21:24	64
75		71	Bückmann, Stefan	00:21:48	2625		Lauffreunde HADI We	1968	9	M45	00:21:45	73
76	W	5	Schreurs, Nadine	00:21:50	208		BSG ENNI	1982	1	W35	00:21:48	5
77		72	Riemann, Michael	00:21:50	918			1971	10	M45	00:21:46	75
78		73	Chrzonowski, Martin	00:21:51	2791		Krankenhaus Bethani	1981	7	M35	00:21:49	77
79		74	Rosenau, Kai	00:21:52	3317		EDEKA	1996	19	MHK	00:21:41	72
80		75	Gietmann, Josef	00:21:52	899		Heesjogger Borussia	1962	4	M55	00:21:45	74
81		76	Hoffmann, Florian	00:21:53	32			1999	6	MJ U20	00:21:30	66
82		77	Scheffthaler, Andreas	00:21:58	568		SV Viktoria Goch	1971	11	M45	00:21:57	78
83		78	Szewczyk, Nils	00:22:00	2776		Gymnasium Filder Be	2005	7	MJ U18	00:21:58	79
84		79	Koch, Andreas	00:22:02	407		TuS Xanten	1970	12	M45	00:21:58	80
85		80	Beckmann, Ludger	00:22:06	463		AS Neukirchen-Vluyn	1956	1	M60	00:22:01	83
86		81	Capelle, Thilo	00:22:07	1824		TuS Borth	1967	7	M50	00:22:02	85
87		82	Weiß, Patrick	00:22:07	214		BSG ENNI	1989	20	MHK	00:22:04	87
88		83	Poidinger, Felix	00:22:08	1570		Technisches Hilfswerk	1999	7	MJ U20	00:22:07	89
89		84	Veltges, Lukas	00:22:11	2947		Moerser TV Leichtathl	2002	8	MJ U18	00:22:10	93
90		85	Tomberg, Frank	00:22:11	314		LT Vynen Xanten	1967	8	M50	00:22:07	88
91		86	Kovert, Dirk	00:22:11	470		INEOS Solvents	1983	11	M30	00:22:04	86
92		87	Schmiedel, Sebastian	00:22:12	1696		Stadtverwaltung Moe	1982	8	M35	00:21:58	81
93		88	Nies, Ole	00:22:14	2597		MTV - Hockey	2000	9	MJ U18	00:21:48	76
94		89	Müller, Thomas	00:22:16	2803		Krankenhaus Bethani	1979	9	M35	00:22:08	90
95		91	Diefenbach, Sascha	00:22:16	2793		Krankenhaus Bethani	1986	12	M30	00:22:01	84
96		90	Ertelt, Stefan	00:22:16	1963		BSG Sparkasse am Ni	1977	9	M40	00:22:08	91
97		92	Barry, Djeilla	00:22:17	1282		Betreuungsverein der	1999	8	MJ U20	00:21:58	82
98	W	6	Spronk, Marianne	00:22:17	399		TSV Weeze	1948	1	W65	00:22:13	6
99		93	Niemoth, Michael	00:22:18	456		AS Neukirchen-Vluyn	1976	10	M40	00:22:12	94
100		94	Schmidt, Ralf	00:22:19	1899		Ausdauerschule By B	1962	5	M55	00:22:16	96
101	W	7	Paulukuhn, Hannah	00:22:20	2945		Moerser TV Leichtathl	2004	2	WJ U18	00:22:18	7
102		95	Roidl, Tobias	00:22:23	3328		EDEKA	1989	21	MHK	00:22:16	97
103		96	Heide, Martin	00:22:27	2051		TV Aldekerk	1965	9	M50	00:22:15	95
104		97	Noack, Lutz	00:22:27	410		TuS Xanten	1968	13	M45	00:22:19	98
105		98	Martin Zotes, Felipe	00:22:30	2084			2000	10	MJ U18	00:22:08	92
106		99	Wilde, Timothy	00:22:33	2817		Krankenhaus Bethani	1994	22	MHK	00:22:29	99
107	W	8	Großbeit, Layla	00:22:39	21			1998	1	WJ U20	00:22:37	8
108		101	Höptner, Markus	00:22:45	1144		INEOS Solvents Runn	1970	15	M45	00:22:40	104
109		100	Höptner, Markus	00:22:45	188		Auslaufmodelle Xante	1970	14	M45	00:22:39	103
110	W	9	Winkels, Johanna	00:22:45	379		SV Sonsbeck 1919	2002	3	WJ U18	00:22:43	9

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Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
111		102	Kühnen, Johannes-Wilhel	00:22:46	3349		TSV Weeze	1959	6	M55	00:22:42	105
112		103	Strehlau, Ulrich	00:22:46	1875		Homberger TV	1948	1	M65	00:22:44	107
113		104	Angenendt, Wolfgang	00:22:47	479		TuS Xanten	1963	10	M50	00:22:37	102
114		105	Sow, Oumar	00:22:48	1284		Betreuungsverein der	1999	9	MJ U20	00:22:29	100
115		106	Freitag, Thomas	00:22:54	1998		Moers	1972	16	M45	00:22:53	114
116		107	Abels, David	00:22:56	2193		TV Kapellen	2006	11	MJ U18	00:22:47	109
117		108	Winter, Andreas	00:22:56	769		Die Eiszapfen	1991	23	MHK	00:22:49	113
118		109	Kujawski, Andreas	00:22:57	1929		Josef Runners	1981	10	M35	00:22:44	108
119		110	Kardamanidis, Chritodoulo	00:22:57	3344		EDEKA	1988	24	MHK	00:22:43	106
120	W	10	Bischoff, Bettina	00:22:58	476			1966	2	W50	00:22:51	10
121		111	Thamm, Thomas	00:22:59	1414		Duisburg	1963	11	M50	00:22:55	115
122		112	Boybay, Basaran	00:23:00	3271		EDEKA	1988	25	MHK	00:22:36	101
123		113	Schwarzer, Joachim	00:23:00	3400			1967	12	M50	00:22:47	110
124		114	Wältrina, Jan	00:23:02	448			2005	12	MJ U18	00:22:48	112
125	W	11	Kappenhagen, Angelika	00:23:03	2055		TuS Oedt	1957	1	W60	00:22:59	11
126		115	Erhardt, Rainer	00:23:04	1170		INEOS Solvents Runn	1962	7	M55	00:22:57	116
127		116	Weber, Mark	00:23:04	673		privat	1969	17	M45	00:22:58	117
128		117	Friemel, Moritz	00:23:07	341		OSC 04 Rheinhausen	2000	13	MJ U18	00:23:04	120
129		118	Kühn, Markus	00:23:07	3302		EDEKA	1984	13	M30	00:22:48	111
130	W	12	Gorris, Merle	00:23:07	2608		Gymnasium Filder Be	2003	4	WJ U18	00:23:03	12
131		119	Wältring, Johannes	00:23:12	2374		Moers	1973	11	M40	00:22:59	118
132		120	Abels, Karsten	00:23:14	1			1968	18	M45	00:22:59	119
133		121	Klein-Hitpaß, Michael	00:23:17	224		Der Xantener - das S	1971	19	M45	00:23:11	121
134		122	van Leuven, Werner	00:23:20	66			1964	13	M50	00:23:16	123
135		123	Schmitt, Uwe	00:23:24	1211		INEOS Solvents Runn	1958	8	M55	00:23:19	124
136	W	13	Voß, Britta	00:23:28	176		AS Neukirchen-Vluyn	1968	1	W45	00:23:23	13
137		124	Steidl, Marco	00:23:29	462		.. Lläuft	1977	12	M40	00:23:22	126
138		125	Langenberg, Jonathan	00:23:31	2347		Berufskolleg für Tech	1990	26	MHK	00:23:21	125
139		126	Krause, Frank	00:23:32	2358		Berufskolleg für Tech	1966	14	M50	00:23:26	128
140	W	14	Bartels, Katrin	00:23:33	5			1980	2	W35	00:23:28	14
141		127	Mascia, Mario	00:23:35	1654		Familie	1964	15	M50	00:23:16	122
142		128	Winkels, Bernd	00:23:36	378		SV Sonsbeck 1919	1969	20	M45	00:23:23	127
143		129	Kuse, Oliver	00:23:38	409		TuS Xanten	1971	21	M45	00:23:31	130
144	W	15	Bentrup, Ann-Cathrin	00:23:39	2017		TuS Xanten Triathlon	1992	2	WHK	00:23:31	15
145		130	König, Gerd	00:23:39	1886		aus Spaß am Laufen	1964	16	M50	00:23:35	131
146	W	16	Schulte, Christina	00:23:40	1158		INEOS Solvents Runn	1982	3	W35	00:23:37	16
147		131	Gietmann, Michael	00:23:42	2624		Laufjunkies	1967	17	M50	00:23:36	133
148	W	17	Geritzmann, Belinda	00:23:45	2105			1991	3	WHK	00:23:38	17
149		132	Nüse, Thorsten	00:23:47	998		Lauff Automobile	1969	22	M45	00:23:30	129
150		133	Köppern, Norbert	00:23:50	266		Kundenteam Wochen	1954	2	M60	00:23:48	135
151	W	18	Klass, Martina	00:23:53	377		SV Sonsbeck 1919	1987	2	W30	00:23:49	18
152	W	19	Dielkus, Merle	00:23:53	1495		VfL 08 Repelen	2001	5	WJ U18	00:23:50	19
153	W	20	Verfürth, Elisa	00:23:54	1494		VfL 08 Repelen	1993	4	WHK	00:23:50	20
154		134	de Marinis, Tomas	00:23:57	2988			2000	14	MJ U18	00:23:35	132
155		135	Melis, Roberto	00:23:59	1168		INEOS Solvents Runn	1983	14	M30	00:23:54	138
156		136	Verhuvén, Martin	00:24:07	2099			1988	27	MHK	00:24:00	141
157		137	Wagner, Timo	00:24:08	2854		MTV - Hockey	2002	15	MJ U18	00:23:40	134
158		138	Tersteegen, Finn Fernand	00:24:12	1980		AS Neukirchen-Vluyn	2005	16	MJ U18	00:24:00	142
159		139	Wisomirski, Timo	00:24:12	2855		MTV - Hockey	2003	17	MJ U18	00:23:54	139
160		140	Vogels, Stephan	00:24:13	3265		Krankenhaus Bethani	1983	15	M30	00:23:54	137
161		141	Meier-Ebert, Finn	00:24:13	2751		Gymnasium Filder Be	2006	18	MJ U18	00:24:12	145
162		142	Schubert, Ralf	00:24:14	980		Lauff Automobile	1968	23	M45	00:23:59	140
163		143	Meier-Ebert, Frank	00:24:15	2753		Gymnasium Filder Be	1970	24	M45	00:24:14	147
164		144	Kreienbaum, Fritz	00:24:15	2346		Berufskolleg für Tech	1990	28	MHK	00:24:05	143
165		145	Schneidenbach, Marc	00:24:17	1800		Amtsgericht Moers	1972	25	M45	00:23:53	136

Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
166		146	Ramacher, Ramon	00:24:21	1915		Moers	1979	11	M35	00:24:09	144
167		147	Url, Leonard	00:24:22	2339		Moerser TV Triathlon	2007	19	MJ U18	00:24:14	146
168		148	Hessels, Luca	00:24:26	2948		Moerser TV Leichtathl	2002	20	MJ U18	00:24:17	152
169		149	Glaser, Marvin	00:24:27	256		Kampfschweine	1990	29	MHK	00:24:16	151
170		150	Malkowski, Jonas	00:24:27	257		Kampfschweine	1989	30	MHK	00:24:16	149
171		151	Neu, Lars	00:24:27	260		Kampfschweine	1995	31	MHK	00:24:16	150
172	W	21	Malkowski, Ursula	00:24:27	258		Kampfschweine	1960	1	W55	00:24:16	21
173		152	Url, Michael	00:24:27	2338		Moerser TV Triathlon	1977	13	M40	00:24:18	153
174	W	22	Krause, Ruth	00:24:28	226		Der Xantener - das S	1982	4	W35	00:24:20	25
175		153	Huesmann, Thomas	00:24:29	1910		Aachen	1961	9	M55	00:24:23	155
176	W	23	Tholen, Laura	00:24:31	3341		EDEKA	1994	5	WHK	00:24:18	22
177	W	24	Wüstemann, Helen	00:24:31	2147		VfL 08 Repelen	2000	6	WJ U18	00:24:27	27
178		154	Kirsten, Michael	00:24:32	997		Lauff Automobile	1968	26	M45	00:24:15	148
179	W	25	Bärmann, Gudrun	00:24:34	2334			1957	2	W60	00:24:21	26
180	W	26	Frank, Sofie	00:24:37	2840		MTV - Hockey	2000	7	WJ U18	00:24:19	23
181		155	Hammelstein, Klaus	00:24:37	500			1968	27	M45	00:24:26	156
182		156	Müller, Lars	00:24:37	442		BSG Sparkasse am Ni	1966	18	M50	00:24:21	154
183	W	27	Kays, Maya	00:24:37	2844		MTV - Hockey	2000	8	WJ U18	00:24:19	24
184		157	Tersteegen, Torben	00:24:41	175		AS Neukirchen-Vluyn	2000	21	MJ U18	00:24:29	159
185	W	28	Karl, Anna	00:24:43	2825		Moerser TV Leichtathl	1999	2	WJ U20	00:24:34	28
186		158	Schmidt, Detlev	00:24:44	3327		EDEKA	1959	10	M55	00:24:37	163
187		159	Finmans, Peter	00:24:44	1147		INEOS Solvents Runn	1959	11	M55	00:24:40	165
188	W	29	Diekerboom, Heike	00:24:45	2666		SV Haldern Lauftreff	1963	3	W50	00:24:36	29
189	W	30	Meyer, Marina	00:24:47	1105		Team Justus	2001	9	WJ U18	00:24:42	31
190		160	Michel, Frederic	00:24:47	1008		Lauff Automobile	1996	32	MHK	00:24:34	162
191		161	Perna, Christian	00:24:49	3311		EDEKA	1984	16	M30	00:24:26	157
192		162	Wiegner, Sven	00:24:49	2568			1980	12	M35	00:24:27	158
193		163	Schneider, Michael	00:24:50	334		Moerser TV Hockey	1967	19	M50	00:24:42	169
194	W	31	Kuse, Nicole	00:24:50	408		TuS Xanten	1973	1	W40	00:24:44	32
195		164	Wendorff, Hannes	00:24:51	2952		Moerser TV Leichtathl	2005	22	MJ U18	00:24:41	167
196		165	Ostrovskij, Alex	00:24:52	1007		Lauff Automobile	1997	33	MHK	00:24:37	164
197		166	Beus, Manfred	00:24:54	287		Lf R(h)einläufer	1956	3	M60	00:24:47	171
198		167	Sekandari, Jamshed	00:24:57	1251		Betreuungsverein der	1998	10	MJ U20	00:24:52	174
199		168	Niessen, Kai	00:25:00	2596		Gymnasium Filder Be	2006	23	MJ U18	00:24:48	172
200		169	Chmiel, Tom	00:25:00	2837		MTV - Hockey	2003	24	MJ U18	00:24:41	166
201		170	Baumhagl, Marius	00:25:01	2321			1989	34	MHK	00:24:32	160
202		171	Zabkiewicz, Karol	00:25:01	2324			1989	35	MHK	00:24:32	161
203	W	32	Wessel, Anne	00:25:01	2156		TV Kapellen	2001	10	WJ U18	00:24:40	30
204		172	Janßen, Dr. Heinz-Josef	00:25:02	255		Josef Runners	1964	20	M50	00:24:53	176
205		173	Schuster, Andreas	00:25:05	1470		VfL 08 Repelen	1965	21	M50	00:24:48	173
206		174	Wirtgen, Christian	00:25:05	3346		EDEKA	1992	36	MHK	00:24:42	168
207	W	33	Schmiedel, Katrin	00:25:06	2065		Triclub Wuppertal	1988	6	WHK	00:24:53	33
208		175	Kassen, Thorsten	00:25:07	1028		AS Neukirchen-Vluyn	1968	28	M45	00:25:02	178
209	W	34	Verheyen, Barbara	00:25:07	1838		Rumelner TV	1983	3	W30	00:24:59	35
210	W	35	Thüs, Kirsten	00:25:08	1865		Kevelaer	1983	4	W30	00:24:59	34
211	W	36	Thelen, Dana	00:25:09	63			1979	5	W35	00:25:01	36
212		176	Lichtenstein, Jörg	00:25:10	1972		AS Neukirchen-Vluyn	1968	29	M45	00:24:59	177
213		177	Seelen, Norbert	00:25:11	1073		Lt Schnecke, Sonsbec	1949	2	M65	00:24:44	170
214		178	Biermann, Justus	00:25:13	2691		Gymnasium Filder Be	2001	25	MJ U18	00:25:12	185
215		179	Rahimi, Abdullah	00:25:13	1299		Betreuungsverein der	1999	11	MJ U20	00:25:08	181
216		180	Königstein, Simon	00:25:16	1734		Lauftreff Condor	1998	12	MJ U20	00:25:09	184
217	W	37	Köppern, Antje	00:25:17	265		Kudenteam Wochen	1965	4	W50	00:25:15	39
218	W	38	Retz, Kathrin	00:25:17	2829		Moerser TV Leichtathl	2000	11	WJ U18	00:25:08	37
219		181	Jakobs, Lennart	00:25:17	2046		AS Neukirchen-Vluyn	2004	26	MJ U18	00:24:52	175
220	W	39	Micke, Maren	00:25:18	2148		VfL 08 Repelen	2001	12	WJ U18	00:25:13	38

G=Geschlecht (kein Eintrag bei M) - NAT=Nation (kein Eintrag bei GER) - PAK=Platz Altersklasse - Z-Diff=Zeitdifferenz zum 1. Platz

Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
221		182	Meyer, Peter	00:25:18	1126		Team Justus	1963	22	M50	00:25:13	186
222		183	Steinbacher, Jannis	00:25:19	1835		Technisches Hilfswerk	2001	27	MJ U18	00:25:18	187
223		184	van Hest, Udo	00:25:21	1653			1968	30	M45	00:25:08	182
224	W	40	Lamers-Jilg, Martina	00:25:25	450			1960	2	W55	00:25:16	41
225		185	Broß, Dominik	00:25:29	337		Niep Flitzer	2004	28	MJ U18	00:25:25	192
226		186	Mascia, Davide	00:25:31	2846		MTV - Hockey	2003	29	MJ U18	00:25:23	190
227		187	Beier, Frank	00:25:31	3269		EDEKA	1965	23	M50	00:25:09	183
228		188	Odrost, Sebastian	00:25:32	52			1981	13	M35	00:25:06	180
229		189	Büschgens, Willi	00:25:34	475		Justus-von-Liebig-Sc	1956	4	M60	00:25:04	179
230		190	Klotter, Felix	00:25:34	1199		INEOS Solvents Runn	1988	37	MHK	00:25:31	198
231		191	Peter, Ronald	00:25:34	254		HLG 98 Wuppertal	1960	12	M55	00:25:18	188
232		192	Schneider, Frank	00:25:34	1924		Josef Runners	1969	31	M45	00:25:28	195
233		193	Unger, Ingo	00:25:35	2961		Firmenlauf Ineos Solv	1965	24	M50	00:25:32	199
234		194	Bartisch, Klaus	00:25:35	250		Grillen & Chillen	1965	25	M50	00:25:21	189
235	W	41	Broß, Simone	00:25:37	338		Niep Flitzer	1973	2	W40	00:25:33	43
236		195	Seemann, Linus	00:25:42	1942		TV Asberg	2006	30	MJ U18	00:25:30	197
237	W	42	Ballhaus, Lena	00:25:43	1957		Moers	1993	7	WHK	00:25:15	40
238		196	Roeske, Wolfgang	00:25:44	1919		BSV ThyssenKrupp St	1951	3	M65	00:25:38	202
239		197	Lehmkuhl, Michael	00:25:48	1867		Homberger TV	1950	4	M65	00:25:33	200
240	W	43	Michalak, Patricia	00:25:48	1760		BSG Sparkasse am Ni	1983	5	W30	00:25:34	44
241		198	Doerth, Stefan	00:25:51	12			1979	14	M35	00:25:46	208
242	W	44	Koppers, Sonja	00:25:52	1666		Stadtverwaltung Moe	1986	6	W30	00:25:25	42
243		199	Bah, Kevine	00:25:53	1273		Betreuungsverein der	2000	31	MJ U18	00:25:34	201
244		200	Kuta, Reiner	00:25:54	203		BSG ENNI	1958	13	M55	00:25:48	214
245		201	Elser, Dieter	00:25:55	193		Boxclub Kempen 04	1970	32	M45	00:25:28	194
246		202	Rosenkranz, Marco	00:25:55	3320		EDEKA	1985	17	M30	00:25:28	193
247		203	Cselenko, Thorsten	00:25:55	3275		EDEKA	1976	14	M40	00:25:24	191
248		204	Kaufmann, Lothar	00:25:56	1820		Amtsgericht Moers	1970	33	M45	00:25:45	207
249		205	Rosendahl, Christian	00:25:56	1918		Stadtverwaltung Moe	1969	34	M45	00:25:28	196
250	W	45	Arntz, Nathalie	00:25:57	1159		INEOS Solvents Runn	1990	8	WHK	00:25:54	46
251		206	Seemann, Frank	00:25:57	213		BSG ENNI	1973	15	M40	00:25:45	206
252		207	Schubert, Christopher	00:25:57	209		BSG ENNI	1981	15	M35	00:25:47	211
253		208	Klösch, Detlef	00:25:58	2818		Krankenhaus Bethani	1959	14	M55	00:25:47	212
254		209	Hermesen, Thomas	00:25:58	31			1967	26	M50	00:25:41	205
255	W	46	Schmidt, Annika	00:26:00	60			2000	13	WJ U18	00:25:51	45
256		210	Müller, Robin	00:26:01	2619		GSV Moers	2006	32	MJ U18	00:25:41	203
257		211	Kalem, Murat	00:26:01	37			1976	16	M40	00:25:47	210
258	W	47	Schäfer, Hannah	00:26:03	323		Moerser TV	1998	3	WJ U20	00:25:58	49
259		212	Janßen, Thomas	00:26:05	1157		INEOS Solvents Runn	1968	35	M45	00:26:02	224
260	W	48	Grundmann, Nicola	00:26:06	2570			1977	3	W40	00:26:06	50
261		213	Ruthmann, Julian	00:26:08	169		AS Neukirchen-Vluyn	2000	33	MJ U18	00:25:47	213
262	W	49	Nader, Suad	00:26:09	204		BSG ENNI	1968	2	W45	00:25:57	48
263		214	Wittfeld, Marco	00:26:10	1076		Moers	1981	16	M35	00:25:46	209
264		215	Bah, Ibrahim	00:26:13	1283		Betreuungsverein der	2000	34	MJ U18	00:25:55	218
265		216	Büchel, Jens	00:26:13	879		Sambafilzter	1987	18	M30	00:26:02	225
266	W	50	Baas, Ines	00:26:13	662		Moers	1982	6	W35	00:26:08	51
267		217	Hoff, Willi	00:26:13	2724		Gymnasium Filder Be	1968	36	M45	00:26:02	223
268		218	Tomuseit, Frank	00:26:14	3397		Team Atze	1972	37	M45	00:26:06	228
269		219	Drev, Florian	00:26:14	3394		Moerser TV	2004	35	MJ U18	00:26:05	227
270		220	Lachmann, Guido	00:26:15	1869		Homberger TV	1966	27	M50	00:26:08	230
271		221	Neuhaus, Dirk	00:26:15	3310		EDEKA	1968	38	M45	00:26:01	221
272		222	Ricci, Guido Nicolas	00:26:16	2086			2000	36	MJ U18	00:25:54	215
273		223	Kollasa, Michael	00:26:16	163		AS Neukirchen-Vluyn	1971	39	M45	00:25:55	217
274	W	51	Tersteegen, Gudrun	00:26:16	173		AS Neukirchen-Vluyn	1967	5	W50	00:25:55	47
275		224	Rodenbäck, Markus	00:26:17	3190		Team Lücking	1965	28	M50	00:25:41	204

Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
276		225	Wassenberg, Clemens	00:26:18	299		LINEG	1986	19	M30	00:26:04	226
277		226	Kühnast, Charly	00:26:19	2048			1973	17	M40	00:25:56	219
278		227	Kössl, Jo	00:26:19	164		AS Neukirchen-Vluyn	1964	29	M50	00:25:59	220
279		228	Nannen, Jörg	00:26:20	2345		Berufskolleg für Tech	1981	17	M35	00:26:10	233
280		229	Rödel, Thomas	00:26:21	297		LINEG	1963	30	M50	00:26:08	229
281	W	52	Mejric, Sanela	00:26:25	667		Moers	1978	7	W35	00:26:20	56
282	W	53	Schittenhelm, Kristin	00:26:25	923		Scherembeck	1993	9	WHK	00:26:15	52
283		230	Ziegert, Jürgen	00:26:26	263		Kölner Lauffreunde	1964	31	M50	00:26:22	241
284		231	Adamczyk, Frank	00:26:26	2589			1964	32	M50	00:25:54	216
285		232	Brandstätter, Alexander	00:26:28	153		AS Neukirchen-Vluyn	1973	18	M40	00:26:15	234
286		233	Uzkureit, Michael	00:26:28	1145		INEOS Solvents Runn	1967	33	M50	00:26:01	222
287		234	Schimke, Stefan	00:26:30	59			1970	40	M45	00:26:09	231
288	W	54	Adler, Sina	00:26:30	150		AS Neukirchen-Vluyn	2001	14	WJ U18	00:26:18	55
289	W	55	Pautzke, Catrin	00:26:31	482		Moerser TV Triathlon	1961	3	W55	00:26:29	59
290		235	Schubbert, Michael	00:26:31	483		Moerser TV Triathlon	1969	41	M45	00:26:29	248
291		236	Anwari, Milad	00:26:32	1249		Betreuungsverein der	1998	13	MJ U20	00:26:26	244
292		237	van Stigt, Jonas	00:26:32	1552			2002	37	MJ U18	00:26:25	243
293		238	Böhmer, Wolfgang	00:26:33	1791		Amtsgericht Moers	1962	15	M55	00:26:23	242
294		239	Gerogikos, Nico	00:26:35	2002		Kerken	2006	38	MJ U18	00:26:34	251
295		240	Spitzer Junior, Andreas	00:26:36	675		Homberger TV	1993	38	MHK	00:26:19	238
296		241	Strößinger, Sascha	00:26:36	2774		Gymnasium Filder Be	1980	18	M35	00:26:17	236
297	W	56	Clauß, Christiane	00:26:37	708		Moers	1962	4	W55	00:26:18	54
298		242	Winkler, Thomas	00:26:37	71			1962	16	M55	00:26:20	240
299		243	Strößinger, Fynn	00:26:37	2772		Gymnasium Filder Be	2006	39	MJ U18	00:26:17	237
300		244	Przibilla, Michel	00:26:38	2327			1990	39	MHK	00:26:09	232
301		245	Frank, Elias	00:26:38	2432		MTV - Hockey	2008	40	MJ U18	00:26:16	235
302	W	57	Wältring, Judith	00:26:42	2375		Moers	1974	4	W40	00:26:17	53
303	W	58	Biesen, Lara Heather	00:26:43	151		AS Neukirchen-Vluyn	2003	15	WJ U18	00:26:36	60
304		246	Monning, Volker	00:26:43	2754		Gymnasium Filder Be	1981	19	M35	00:26:26	245
305		247	Fisch, Andre	00:26:43	2372		Moers	1969	42	M45	00:26:29	247
306		248	Meybohm, Malte	00:26:44	48			2000	41	MJ U18	00:26:20	239
307		249	Buchh, Michael	00:26:45	2303		Apotheke Mattenklotz	1967	34	M50	00:26:37	254
308		250	Hüsken, Heinz	00:26:45	249		FS Rheinkamp	1949	5	M65	00:26:26	246
309	W	59	Friedrich, Angelika	00:26:45	16			1965	6	W50	00:26:28	58
310	W	61	Mehlich, Pia	00:26:47	1017		Moers	2000	16	WJ U18	00:26:22	57
311	W	60	Freitag, Andrea	00:26:47	1999		Moers	1971	3	W45	00:26:45	62
312		251	Schumann, Gernot	00:26:50	1661		BSG Sparkasse Krefel	1966	35	M50	00:26:49	259
313	W	62	Kolarczyk, Tess	00:26:51	498		Gymnasium Filder Be	2006	17	WJ U18	00:26:46	63
314		252	Dürrbaum, Maximilian	00:26:52	1083		TV Kapellen	2007	42	MJ U18	00:26:50	260
315	W	63	Jansen, Linn	00:26:52	2729		Gymnasium Filder Be	2006	18	WJ U18	00:26:47	65
316		253	Sredzinski, Aljoscha	00:26:55	3332		EDEKA	1984	20	M30	00:26:35	252
317		254	Zinnecker, Matthias	00:26:55	1625		CWWN - Achtung Viel	1961	17	M55	00:26:44	257
318		255	Hammerath, Ralf	00:26:55	882		moers festival	1976	19	M40	00:26:34	250
319	W	64	Hanusch, Marie	00:26:55	2718		Gymnasium Filder Be	2006	19	WJ U18	00:26:50	68
320	W	65	Bayer, Merrit	00:26:56	344		Pfadfinder Rheurdt	1999	4	WJ U20	00:26:49	66
321		256	Bayer, Bernhard	00:26:56	246		DLRG Rheurdt	1966	36	M50	00:26:48	258
322		257	Dürrbaum, Ingo	00:26:57	1082		TV Kapellen	1974	20	M40	00:26:54	265
323		258	Peto, Frank	00:26:58	3312		EDEKA	1961	18	M55	00:26:34	249
324		259	Pawletko, Tobias	00:27:01	3352		Moers festival	1980	20	M35	00:26:39	255
325	W	66	Mosters, Ingrid	00:27:02	1104		SV Menzelen	1955	3	W60	00:26:53	69
326		260	Bah, Saidou	00:27:02	1278		Betreuungsverein der	1999	14	MJ U20	00:26:44	256
327		261	Baas, Uwe	00:27:04	2601			1964	37	M50	00:26:51	261
328	W	67	Blässe, Cordula	00:27:05	2030		Oberhausener TV	1964	7	W50	00:26:47	64
329	W	68	Thißen, Vanessa	00:27:07	725		Duisburg	1982	8	W35	00:26:41	61
330		262	Floeth, Thomas	00:27:07	2329			1966	38	M50	00:26:37	253

Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
331	W	69	Baum, Silke	00:27:08	195		BSG ENNI	1976	5	W40	00:26:56	73
332		263	Peuser, Fabian	00:27:08	425		TV Vennikel	1997	40	MHK	00:26:53	263
333	W	70	Binkowski, Carina	00:27:08	7			1981	9	W35	00:26:57	74
334		264	Peuser, Uwe	00:27:09	360		SC Bayer 05 Uerding	1960	19	M55	00:26:53	264
335	W	71	Kellerhoff, Jenna	00:27:12	2826		Moerser TV Leichtathl	2002	20	WJ U18	00:26:58	75
336	W	72	Schormann, Melina	00:27:14	1862		Homberger TV	1999	5	WJ U20	00:27:04	77
337		265	Kühnast, Michael	00:27:15	2050			2004	43	MJ U18	00:26:52	262
338	W	73	Kühnast, Stefanie	00:27:17	2049			1974	6	W40	00:26:54	71
339	W	74	Fluch, Katharina	00:27:20	1920		Moers	1990	10	WHK	00:26:49	67
340	W	75	Szaton, Magdalena	00:27:23	2330			2000	21	WJ U18	00:26:54	70
341	W	76	Groenewald, Nika	00:27:24	2074		Neukirchen-vluyn	2006	22	WJ U18	00:27:13	79
342	W	77	Samwer, Heidi	00:27:25	645		Moers	1976	7	W40	00:26:56	72
343		266	Saad, Sadam	00:27:25	1213		Betreuungsverein der	2002	44	MJ U18	00:27:19	274
344	W	78	Schmeer, Elke	00:27:26	289		LG Alpen	1962	5	W55	00:27:02	76
345		267	Weiler, Detlef	00:27:27	68			1968	43	M45	00:27:17	271
346		268	Hellwig, Jörn	00:27:27	29			1972	44	M45	00:27:03	266
347	W	79	Capelle, Greta	00:27:27	1821			2000	23	WJ U18	00:27:17	80
348	W	80	Hellwig, Garnet	00:27:27	1426		MTV Lungensport	1979	10	W35	00:27:17	81
349	W	81	Adams, Lotte	00:27:28	804		GSV Moers	2004	24	WJ U18	00:27:09	78
350	W	82	Guimaraes, Paula	00:27:29	467		AS Neukirchen-Vluyn	1970	4	W45	00:27:21	83
351		269	Winter, Martin	00:27:30	770		Die Eiszapfen	1959	20	M55	00:27:25	277
352		270	Schaupp, Alejandro	00:27:31	3325		EDEKA	1962	21	M55	00:27:12	269
353		271	Rittinghaus, Jakob	00:27:35	2762		Gymnasium Filder Be	2003	45	MJ U18	00:27:31	278
354		272	Lindner, Jürgen	00:27:35	506		Silverspeedy	1959	22	M55	00:27:19	273
355	W	83	Graumann, Zoe	00:27:36	2942		Moerser TV Leichtathl	2002	25	WJ U18	00:27:21	84
356		273	Mascia, Toni	00:27:36	322		Moerser TV	1969	45	M45	00:27:11	267
357	W	84	Retz, Maria	00:27:40	1898		1. FC Köln	1965	8	W50	00:27:31	89
358	W	85	Jaschko, Johanna	00:27:40	2824		Moerser TV Leichtathl	2002	26	WJ U18	00:27:26	87
359		274	Steinhaus, Lars	00:27:41	478			1966	39	M50	00:27:12	268
360	W	86	Hoschke, Traudel	00:27:42	1883		Homberger TV	1951	2	W65	00:27:33	91
361	W	87	Strehlau, Maregret	00:27:43	1884		Homberger TV	1950	3	W65	00:27:19	82
362	W	88	Empting, Daniela	00:27:44	14			1986	7	W30	00:27:26	86
363		275	Digiacomio, Ricardo	00:27:44	282		Landguts Hurricane	1967	40	M50	00:27:32	279
364	W	89	Paulus, Monique	00:27:45	283		Landguts Hurricane	1979	11	W35	00:27:33	90
365		276	Arndt, Claus	00:27:48	2058		moers festival	1964	41	M50	00:27:25	276
366	W	90	Oberhauser, Marion	00:27:48	51			1959	6	W55	00:27:36	94
367		277	Pogoda, Andre	00:27:49	54			1993	41	MHK	00:27:35	280
368		278	Brommann, Kai	00:27:51	2590			1964	42	M50	00:27:18	272
369		279	Nentwich, Norbert	00:27:51	1010		Lauff Automobile	1957	5	M60	00:27:16	270
370	W	91	Mathar, Annika	00:27:51	2750		Gymnasium Filder Be	2000	27	WJ U18	00:27:27	88
371		280	Kerstan, Wolfgang	00:27:53	487		Ing-Büro Lanoe GbR.	1964	43	M50	00:27:21	275
372	W	92	Corell, Claudia	00:27:53	1597		Team Justus	1970	5	W45	00:27:24	85
373		281	Laar, Thomas	00:27:54	827		Neukirchen-Vluyn	1980	21	M35	00:27:45	285
374	W	93	Konze, Birgit	00:27:55	39			1971	6	W45	00:27:33	92
375	W	94	Romanczyk, Lena	00:27:55	2768		Gymnasium Filder Be	2006	28	WJ U18	00:27:54	98
376		282	Kalbfleisch, Peter	00:27:59	1178		INEOS Solvents Runn	1995	42	MHK	00:27:56	288
377	W	95	Krohn, Manuela	00:28:01	1639		kamp-lintfort	1967	9	W50	00:27:34	93
378		283	Schenke, Robert	00:28:01	3326		EDEKA	1985	21	M30	00:27:40	282
379		284	Romanczyk, Frank	00:28:03	2767		Gymnasium Filder Be	1981	22	M35	00:28:03	298
380	W	96	Pötz, Sandra	00:28:04	669		Moers	1980	12	W35	00:27:58	99
381	W	97	Schulze Schwicking, Steffi	00:28:04	62			1977	8	W40	00:27:52	97
382	W	98	Nießen, Katja	00:28:04	205		BSG ENNI	1977	9	W40	00:27:52	96
383	W	99	Prumbaum, Anke	00:28:06	2806		Krankenhaus Bethani	1972	7	W45	00:27:40	95
384		285	Reintges, Heinrich	00:28:07	1207		INEOS Solvents Runn	1977	21	M40	00:28:03	299
385	W	100	Londong, Britta	00:28:08	43			1977	10	W40	00:28:06	107

Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
386	W	101	Dahm, Liane	00:28:10	1548			1967	10	W50	00:28:03	103
387		286	Müller, Wolfgang	00:28:10	2616		DSSC 09-20	1961	23	M55	00:27:50	286
388	W	102	Dahm, Julia	00:28:10	1551			2002	29	WJ U18	00:28:03	104
389	W	103	Zimmermann, Karina	00:28:11	1793		Amtsgericht Moers	1974	11	W40	00:28:02	102
390		287	Otto, Carsten	00:28:13	671		Moers	1973	22	M40	00:27:57	291
391		288	Brückner, Mike	00:28:13	2349		Berufskolleg für Tech	1970	46	M45	00:27:41	283
392		289	Schmitz, Sascha	00:28:13	2348		Berufskolleg für Tech	1987	22	M30	00:27:40	281
393		290	Höner, Ingo	00:28:16	199		BSG ENNI	1986	23	M30	00:28:05	302
394		291	Audick-Dehn, Stefan	00:28:16	2			1977	23	M40	00:27:44	284
395		292	Priebe, Sandor	00:28:17	1417		Moers	1963	44	M50	00:28:00	297
396		293	Vierbaum, Hans-Günter	00:28:17	454			1951	6	M65	00:28:08	304
397		294	Blässe, Detlef	00:28:17	2029		OTV Endurance Team	1963	45	M50	00:28:00	296
398		295	Thewes, Christian	00:28:18	3340		EDEKA	1987	24	M30	00:27:51	287
399		296	Hau, Hans-Dieter	00:28:21	1970		Homberger TV	1955	6	M60	00:27:56	289
400	W	104	Tersteegen, Sabrina	00:28:21	174		AS Neukirchen-Vluyn	1998	6	WJ U20	00:28:00	101
401	W	105	Fretschen, Daniela	00:28:22	15			1984	8	W30	00:28:03	105
402	W	106	Hahnen, Aiyanna	00:28:22	23			1981	13	W35	00:28:04	106
403		297	Schneider, Harry	00:28:27	207		BSG ENNI	1964	46	M50	00:28:17	306
404		298	Wittges, Pierre	00:28:28	492			2000	46	MJ U18	00:28:17	307
405		299	Stein, Hagen	00:28:28	3333		EDEKA	1993	43	MHK	00:28:08	303
406		300	Stöhr, Paul	00:28:29	2771		Gymnasium Filder Be	2004	47	MJ U18	00:27:57	293
407	W	107	Lakner, Antje	00:28:29	2331			1964	11	W50	00:28:00	100
408	W	108	Romanczyk, Clara	00:28:31	2765		Gymnasium Filder Be	2004	30	WJ U18	00:28:30	113
409		301	Taruttis, Ralf	00:28:32	2187		KC Männer WG	1970	47	M45	00:27:58	294
410		302	Gawlik, Michael	00:28:32	2186		KC Männer WG	1974	24	M40	00:27:59	295
411		303	Stahl, Thorsten	00:28:32	2188		KC Männer WG	1974	25	M40	00:27:57	290
412		304	Lohrberg, Holger	00:28:32	2191		KC Männer WG	1970	48	M45	00:27:57	292
413	W	109	Matburger, Pia	00:28:32	46			2000	31	WJ U18	00:28:08	108
414		305	Heinrichs, Daniel	00:28:34	1964		Kevelaerer SV	1980	23	M35	00:28:19	308
415		306	Hillen, Hendrik	00:28:35	2478		Gymnasium Filder Be	2004	48	MJ U18	00:28:04	300
416	W	110	Brohl, Kathrin	00:28:35	2836		MTV - Hockey	1972	8	W45	00:28:12	109
417		307	Fischer, Jörg	00:28:36	2839		MTV - Hockey	1972	49	M45	00:28:14	305
418		308	Kaiser, Rolf	00:28:38	1210		INEOS Solvents Runn	1970	50	M45	00:28:34	316
419		309	Lücking, Stefan	00:28:39	2077		Team Lücking	1964	47	M50	00:28:04	301
420	W	111	Krajac, Dunja	00:28:39	40			1973	12	W40	00:28:28	111
421		310	Jansen-Tersteegen, Achim	00:28:40	2732		Gymnasium Filder Be	1965	48	M50	00:28:34	315
422		311	Blomenkamp, Carl	00:28:41	1792		Amtsgericht Moers	1965	49	M50	00:28:31	310
423		312	Fretz, Bernd	00:28:41	887		SC Bayer 05 Uerding	1963	50	M50	00:28:31	311
424	W	112	Vierbaum, Bärbel	00:28:41	2062		Duisburg	1957	4	W60	00:28:32	115
425		313	Schulte, Oliver	00:28:43	3132		Team goodspeed	1967	51	M50	00:28:38	318
426	W	113	Büchel, Elke	00:28:45	505		Sambaflitzer	1960	7	W55	00:28:42	117
427	W	114	Lichtenstein, Natascha	00:28:46	1977		AS Neukirchen-Vluyn	1999	7	WJ U20	00:28:26	110
428	W	115	Tomusat, Maya	00:28:48	3398		Team Atze	2004	32	WJ U18	00:28:29	112
429		314	Weires, Walter	00:28:49	3353		LG Kaarst	1958	24	M55	00:28:40	320
430		315	Rink, Stefan	00:28:49	1938		AS Neukirchen-Vluyn	1959	25	M55	00:28:42	322
431		316	Fisch, Jakob-Valentin	00:28:49	2713		Gymnasium Filder Be	2003	49	MJ U18	00:28:45	324
432		317	Croppen, Kevin	00:28:54	815		Moers	1991	44	MHK	00:28:32	312
433		318	Hormes, Simon	00:29:00	321		Moerser TV	2003	50	MJ U18	00:28:53	327
434		319	Stellmann, Manuel	00:29:00	3335		EDEKA	1987	25	M30	00:28:29	309
435	W	116	van der Ende, Jael	00:29:01	2315			2006	33	WJ U18	00:28:31	114
436		320	Thanisch, Marcelle	00:29:01	3339		EDEKA	1982	24	M35	00:28:41	321
437		321	Fleischhauer, Christoph	00:29:02	2341		Stadtverwaltung Moe	1965	52	M50	00:28:35	317
438	W	117	Fleischhauer, Anne	00:29:02	2567			1962	8	W55	00:28:36	116
439		322	van der Ende, Joern	00:29:02	2314			1970	51	M45	00:28:33	314
440		323	van der Ende, Luis	00:29:03	2316			2004	51	MJ U18	00:28:32	313

Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
441	W	118	Höschchen, Lovis Marie	00:29:03	1968		AS Neukirchen	2004	34	WJ U18	00:28:55	121
442	W	119	Arlt, Carlotta	00:29:04	2831		MTV - Hockey	2005	35	WJ U18	00:29:03	124
443	W	120	Hügel, Emely	00:29:07	2524		MTV - Hockey	2006	36	WJ U18	00:29:06	126
444	W	121	Neu, Inga	00:29:09	259		Kampfschweine	1996	11	WHK	00:28:57	122
445		324	Wiesner, Michael	00:29:09	268		Kundenteam Wochen	1966	53	M50	00:29:00	331
446		325	Pellen, Ferdi	00:29:11	2083		TSV Weeze	1945	1	M70	00:29:01	332
447		326	Leibniz, Karl	00:29:11	2798		Krankenhaus Bethani	1969	52	M45	00:29:02	334
448	W	122	Märzcz, Sandra	00:29:11	2199		Moers	1977	13	W40	00:28:46	119
449		327	Samwer, Tom	00:29:12	646		Moers	1977	26	M40	00:28:43	323
450	W	123	Schmidtke, Ursula	00:29:12	1956		Team Justus	1966	12	W50	00:28:42	118
451	W	124	Biesen-Wolters, Jutta	00:29:14	152		AS Neukirchen-Vluyn	1967	13	W50	00:29:06	127
452		328	Juhnke, Tobias	00:29:14	2740		Gymnasium Filder Be	2000	52	MJ U18	00:28:39	319
453		329	Arlt, Stefan	00:29:15	2995			1972	53	M45	00:29:09	338
454		330	Strote, Raimund	00:29:16	2378		Moers	1960	26	M55	00:28:51	326
455	W	125	Galoch, Kim	00:29:17	2841		MTV - Hockey	2005	37	WJ U18	00:29:15	135
456	W	126	Weißenfels, Lena	00:29:17	70			1991	12	WHK	00:28:49	120
457		332	Heidenreich, Jens	00:29:17	1710		Stadtverwaltung Moe	1970	54	M45	00:28:48	325
458		331	Trösken, Jan Philip	00:29:17	3343		EDEKA	1990	45	MHK	00:29:12	339
459		333	Rauch Jensen, Jeppe	00:29:18	771		Dorsten	1994	46	MHK	00:29:00	330
460	W	127	Strote, Caren	00:29:20	2830		Moerser TV Leichtathl	1994	13	WHK	00:29:06	125
461	W	128	Von Den Driesch, Ulrike	00:29:20	1955		Homberger TV	1967	14	W50	00:29:16	136
462		334	Russin, Gregor	00:29:21	3321		EDEKA	1988	47	MHK	00:29:02	333
463		335	Cocco, Roberto	00:29:21	1024		vfl repelen 49+	1962	27	M55	00:28:58	328
464		336	Stühernberg, Hanno	00:29:23	1947		Duisburg	1989	48	MHK	00:29:04	335
465	W	129	Nierfeld, Desiree	00:29:25	881		Sambaflitzer	1992	14	WHK	00:29:13	131
466	W	130	Wolfsdorff, Stefanie	00:29:25	1971		Moers	1979	14	W35	00:28:59	123
467		337	Martin, Peter	00:29:26	1016		Neukirchen-Vluyn	1968	55	M45	00:29:18	343
468	W	131	Lauterbach, Johanna	00:29:27	41			1997	15	WHK	00:29:09	128
469		338	Birken, Peter	00:29:30	292		LINEG	1966	54	M50	00:29:14	340
470	W	132	Gallas-Lindemann, Carme	00:29:30	295		LINEG	1964	15	W50	00:29:14	132
471		339	Schumann, Travis	00:29:30	2769		Gymnasium Filder Be	2004	53	MJ U18	00:28:59	329
472		340	Wessel, Patrick	00:29:32	1826		Stadtverwaltung Moe	1979	25	M35	00:29:17	342
473		341	Heyne, Markus	00:29:32	599		Lebenslang grün-weiß	1973	27	M40	00:29:07	336
474	W	133	Kruszona, Monika	00:29:34	3300		EDEKA	1985	9	W30	00:29:14	133
475	W	134	Noll, Ellen	00:29:34	720			1955	5	W60	00:29:09	129
476	W	135	Reddig, Inka	00:29:34	2808		Krankenhaus Bethani	1987	10	W30	00:29:29	141
477		342	Weihnacht, Moritz	00:29:35	2950		Moerser TV Leichtathl	2003	54	MJ U18	00:29:08	337
478		343	Glomp, Marlon	00:29:36	471			2007	55	MJ U18	00:29:16	341
479		344	Hormes, Lutz	00:29:38	200		BSG ENNI	1961	28	M55	00:29:26	348
480		345	Kramer, Ralf	00:29:39	2745		Gymnasium Filder Be	1971	56	M45	00:29:32	351
481		346	Janish, Manikath	00:29:40	2301		Duisburg	1982	26	M35	00:29:22	344
482	W	136	Bohländer, Petra	00:29:40	493		Team Niederrhein	1979	15	W35	00:29:16	137
483	W	137	Warnken, Thekla	00:29:42	626		Lebenslang grün-weiß	1973	14	W40	00:29:15	134
484	W	138	Therstappen, Katharina	00:29:43	1138		Justus-von-Liebig Sch	1989	16	WHK	00:29:12	130
485	W	139	Kanacher, Gudrun	00:29:43	2741		Gymnasium Filder Be	1970	9	W45	00:29:26	140
486	W	140	Chrzanowski, Johanna	00:29:44	281		Landguts Hurricane	1979	16	W35	00:29:32	142
487		347	van Huet, Arndt	00:29:44	2782		Gymnasium Filder Be	1971	57	M45	00:29:27	349
488		348	Bach, Markus	00:29:44	280		Landguts Hurricane	1966	55	M50	00:29:33	352
489	W	141	Strößinger, Rebecca	00:29:45	2773		Gymnasium Filder Be	1981	17	W35	00:29:25	138
490		349	Höhnerbach, Jan	00:29:46	2842		MTV - Hockey	2004	56	MJ U18	00:29:27	350
491		350	Winnertz, Arno	00:29:46	653		Duisburg	1965	56	M50	00:29:25	347
492	W	142	Breuer, Änny	00:29:46	458		Easy Vettys	1984	11	W30	00:29:39	144
493		351	Bähr, Jakob	00:29:47	2690		Gymnasium Filder Be	2002	57	MJ U18	00:29:42	355
494	W	143	Fricke, Nicole	00:29:47	457		JFF	1974	15	W40	00:29:40	146
495	W	144	Adams, Nina	00:29:50	803			1977	16	W40	00:29:40	145

Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
496	W	145	Bickelmann, Jasmin	00:29:50	722		Duisburg	1995	17	WHK	00:29:44	147
497	W	146	Meinke-Henn, Sabine	00:29:52	825		Stadtverwaltung Moe	1964	16	W50	00:29:25	139
498		352	Kerkenhoff, Thomas	00:29:54	3292		EDEKA	1962	29	M55	00:29:23	345
499		353	Url, Alexander	00:29:55	2340		Moerser TV Triathlon	2007	58	MJ U18	00:29:40	354
500		354	Rosenau, Lars	00:29:57	3319		EDEKA	1999	15	MJ U20	00:29:24	346
501	W	147	Hügel, Olga	00:30:01	2684			1965	17	W50	00:29:54	153
502		355	Odenbach, Rainer	00:30:02	1069			1960	30	M55	00:29:45	357
503	W	148	Kruczek, Claudia	00:30:03	286		LC Duisburg	1974	17	W40	00:29:53	152
504	W	149	Meimers, Anna-Lena	00:30:07	1072			1989	18	WHK	00:29:50	149
505	W	150	Schwalen, Ulrike	00:30:08	1632		Moers	1968	10	W45	00:29:50	148
506	W	151	Willems, Gabriele	00:30:08	1071			1956	6	W60	00:29:51	150
507		356	Kramer, Jens	00:30:09	2095		Moers	1973	28	M40	00:29:48	358
508		357	Trabandt, Tom-Niklas	00:30:09	2779		Gymnasium Filder Be	2005	59	MJ U18	00:30:07	364
509		358	Groenewald, Jochen	00:30:10	198		BSG ENNI	1965	57	M50	00:29:58	361
510		359	Nedela, Simon	00:30:11	1009		Lauff Automobile	1997	49	MHK	00:29:56	360
511		360	Dischhäuser, Peter	00:30:11	2350		Berufskolleg für Tech	1964	58	M50	00:29:36	353
512	W	152	Teschler-Borges, Claudia	00:30:11	2194		Berufskolleg für Tech	1959	9	W55	00:29:38	143
513		361	Nicolaus, Ralf	00:30:17	313		LT Vynen Xanten	1966	59	M50	00:29:51	359
514		362	Louven, Werner	00:30:17	2669		VfL 08 Repelen	1947	2	M70	00:29:45	356
515	W	153	Tolksdorf, Christina	00:30:20	2777		Gymnasium Filder Be	1969	11	W45	00:30:14	158
516	W	154	Napierala, Barbara	00:30:21	1978		Moers	1958	10	W55	00:29:52	151
517	W	155	Engelen, Silke	00:30:22	898		Moers	1971	12	W45	00:30:14	160
518		363	Karastergios, Evangelos	00:30:23	3289		EDEKA	1977	29	M40	00:30:18	369
519	W	156	Weißenfels, Carolin	00:30:25	69			1992	19	WHK	00:29:56	154
520	W	157	Wagner, Kerstin	00:30:25	1409		Moerser TV	1964	18	W50	00:30:17	161
521	W	158	Hammerath, Rebecca	00:30:26	886		moers festival	1984	12	W30	00:30:04	156
522		364	Isfort, Tim	00:30:26	2059		moers festival	1967	60	M50	00:30:04	363
523	W	159	Marxen, Eva	00:30:26	2063		moers festival	1980	18	W35	00:30:05	157
524	W	160	Empelmann, Christine	00:30:28	196		BSG ENNI	1966	19	W50	00:30:14	159
525	W	161	Haag, Katharina	00:30:29	2717		Gymnasium Filder Be	2001	38	WJ U18	00:30:19	165
526	W	162	Niewerth, Michelle	00:30:30	2758		Gymnasium Filder Be	2002	39	WJ U18	00:30:19	166
527		365	Pogoda, Karlheinz	00:30:30	55			1962	31	M55	00:30:16	366
528		366	Peters, Michael	00:30:30	1966		Duisburg	1969	58	M45	00:30:28	375
529	W	163	Großmann, Anna Carina	00:30:30	1755		BSG Sparkasse am Ni	1978	19	W35	00:30:17	163
530	W	164	Zvar, Sabrina	00:30:30	1748		BSG Sparkasse am Ni	1980	20	W35	00:30:17	162
531		367	Brasemann, Lucas	00:30:31	3351		Ford Lauff	1994	50	MHK	00:30:17	368
532	W	165	Braun, Darim	00:30:32	2054		AS Neukirchen-Vluyn	1971	13	W45	00:30:24	171
533		368	Weidlich, David	00:30:32	1596		Moers	1989	51	MHK	00:30:10	365
534	W	166	Rink, Sandra	00:30:33	1940		AS Neukirchen-Vluyn	1966	20	W50	00:30:25	173
535	W	167	Schmidt, Laura-Maria	00:30:33	1912			1990	20	WHK	00:30:25	172
536		369	Freiheit, Jochen	00:30:33	2352		Berufskolleg für Tech	1967	61	M50	00:29:59	362
537	W	168	Westhoff, Ulrike	00:30:33	2359		Berufskolleg für Tech	1969	14	W45	00:30:00	155
538		370	Neumann, Jens	00:30:34	1142		PSV Duisburg	1967	62	M50	00:30:30	376
539		371	Klatt, Dieter	00:30:37	2302		Apotheke Mattenklotz	1960	32	M55	00:30:19	371
540	W	169	Rotterova, Natalie	00:30:38	1275		Betreuungsverein der	1996	21	WHK	00:30:19	167
541	W	170	Henneken Boos, Stefanie	00:30:40	664		Renn-SCHNECKEN	1975	18	W40	00:30:18	164
542	W	171	Frank, Lina	00:30:42	451		MTV Hockey	2006	40	WJ U18	00:30:20	168
543	W	172	Kukwa, Sandra	00:30:43	3303		EDEKA	1987	13	W30	00:30:21	169
544		372	Dobinski, Gunnar	00:30:44	2192		Moerser TV	1970	59	M45	00:30:18	370
545	W	173	Klüm, Anna-Josephine	00:30:44	3296		EDEKA	1987	14	W30	00:30:22	170
546		373	Frank, Norbert	00:30:45	1547		moers	1964	63	M50	00:30:23	373
547		374	Forche, Jan-Philipp	00:30:46	488		Rhein-Ahr-Marsch RA	1994	52	MHK	00:30:16	367
548	W	174	Speidel, Mechthild	00:30:46	1477		VfL 08 Repelen	1969	15	W45	00:30:29	174
549	W	175	Jansen, Kerstin	00:30:47	2797		Krankenhaus Bethani	1970	16	W45	00:30:41	177
550		375	Brauer, Detlef	00:30:49	9			1961	33	M55	00:30:43	381

Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
551		376	Daume, Hendrik	00:30:51	1738		Laufftreff Condor	2002	60	MJ U18	00:30:32	377
552		377	Ebrahimi, Mohammad	00:30:52	1214		Betreuungsverein der	2002	61	MJ U18	00:30:46	383
553		378	Sultani, Enayatullah	00:30:52	1300		Betreuungsverein der	1999	16	MJ U20	00:30:47	384
554		379	Fabri, Erol	00:30:54	494		Moerser SC	2004	62	MJ U18	00:30:22	372
555	W	176	Biermann, Marie-Therese	00:30:55	1946		Duisburg	1998	8	WJ U20	00:30:46	181
556	W	177	Prochowski, Anja	00:30:56	57			1969	17	W45	00:30:41	178
557		380	Romanczyk, Josef	00:30:58	660		Neukirchen -Vluyn	1951	7	M65	00:30:57	387
558		381	Meuwsen, Stephan	00:30:59	2072		Moers-Kapellen	1986	26	M30	00:30:50	385
559		382	Szonn, Michael	00:30:59	642		Moers	1971	60	M45	00:30:35	378
560		383	Bossert, Hans	00:31:00	293		LINEG	1961	34	M55	00:30:44	382
561	W	178	Thamm, Petra	00:31:01	1415		Duisburg	1964	21	W50	00:30:56	182
562		384	Laakmann, Jan	00:31:02	1614		FDP Moers	1977	30	M40	00:30:36	379
563		385	Rodenbäck, Tom	00:31:03	2076		Team Lücking	2004	63	MJ U18	00:30:27	374
564	W	179	Goedecke, Kerstin	00:31:03	1714		Lauffreunde HADI We	1977	19	W40	00:30:37	175
565	W	180	Brückenhaus, Beate	00:31:04	2594		TC-Blau-Weiss-Moers	1954	7	W60	00:30:37	176
566		386	Von Den Driesch, Christia	00:31:04	1141		Moers	1964	64	M50	00:30:59	392
567	W	181	Treptow, Eveline	00:31:07	1656		Familie	1969	18	W45	00:31:01	186
568	W	182	Birkenfeld, Mia	00:31:10	951		TV Kapellen 1919	2007	41	WJ U18	00:30:41	179
569		387	Fieser, Heinz	00:31:11	1139		Kaldenhausen Roadru	1951	8	M65	00:31:05	394
570		388	Rosenau, Klaus	00:31:11	3318		EDEKA	1995	53	MHK	00:30:39	380
571	W	183	Huppertz, Sandra	00:31:12	34			1984	15	W30	00:30:58	185
572	W	184	Neugebauer, Brigitte	00:31:13	50			1968	19	W45	00:30:57	183
573	W	185	Brinkmann, Jule	00:31:14	801		Bayer 05 Uerdingen	2007	42	WJ U18	00:30:45	180
574		389	Sörgel, Achim	00:31:16	1950		Feuerwehr Repelen	1956	7	M60	00:30:58	389
575		390	Brucksch, Stefan	00:31:16	1953		Feuerwehr Repelen	1986	27	M30	00:30:58	391
576		391	Simon, Christian	00:31:16	2336		Feuerwehr Repelen	1992	54	MHK	00:30:59	393
577		392	Bothe, Christian	00:31:16	1951		Feuerwehr Repelen	1984	28	M30	00:30:58	390
578		393	Närdemann, Dirk	00:31:21	390		Team Erdinger Alkoh	1961	35	M55	00:31:08	395
579		394	Schieffer, Ludger	00:31:23	241		Die Asphalttschleicher	1960	36	M55	00:31:13	396
580		395	Khero, Auni	00:31:23	2325			1990	55	MHK	00:30:54	386
581	W	186	Hasselbusch, Birgit	00:31:24	1983		Just for fun	1957	8	W60	00:31:10	188
582		396	Kellers, Ingmar	00:31:26	1208		INEOS Solvents Runn	1967	65	M50	00:31:24	402
583	W	187	Dehn, Kim	00:31:26	1698		Stadtverwaltung Moe	1995	22	WHK	00:30:58	184
584	W	188	Flohberg, Martina	00:31:26	284		Lauffreunde HADI We	1963	22	W50	00:31:06	187
585	W	189	Kowalsky, Melissa	00:31:27	202		BSG ENNI	1995	23	WHK	00:31:15	190
586	W	190	Gaidt, Melanie	00:31:28	736		Moers	1980	21	W35	00:31:23	194
587	W	191	Eberhardt, Ann-Sophie	00:31:31	1903		Vegan Racing Team	1997	24	WHK	00:31:18	193
588		397	Reiffert, Dirk	00:31:33	3316		EDEKA	1978	27	M35	00:30:57	388
589	W	192	Närdemann, Martina	00:31:35	391		Team Erdinger Alkoh	1964	23	W50	00:31:24	195
590		398	Minor, Stephan	00:31:40	166		AS Neukirchen-Vluyn	1966	66	M50	00:31:28	403
591	W	193	Brinkmann, Lilli	00:31:41	2560		Bayer 05 Uerdingen	2005	43	WJ U18	00:31:12	189
592	W	194	Gelen, Gaby	00:31:47	20			1972	20	W45	00:31:40	199
593		399	Jonas Dr., Michael	00:31:48	1936		Josef Runners	1969	61	M45	00:31:32	407
594		400	Renter Dr., Marc Alexande	00:31:48	1923		Josef Runners	1970	62	M45	00:31:32	406
595		401	Nennhaus, Ralf H.	00:31:48	1921		Josef Runners	1960	37	M55	00:31:32	408
596		402	Nörenberg, Kai	00:31:49	2984			1997	56	MHK	00:31:20	401
597		403	Szepan, Bruno	00:31:50	3338		EDEKA	1959	38	M55	00:31:47	411
598		404	Bürsten, Dieter	00:31:50	1981		FC Rumeln	1938	1	M75	00:31:44	410
599	W	195	Verhaag, Nina	00:31:50	2814		Krankenhaus Bethani	1982	22	W35	00:31:35	198
600	W	196	Werpup, Stefanie	00:31:50	1342		Moers	1988	25	WHK	00:31:26	196
601		407	Dietrich, Leander	00:31:54	680		Dietrich-Clan	2007	65	MJ U18	00:31:18	400
602		406	Hafermann, Vincent	00:31:54	698			2007	64	MJ U18	00:31:17	398
603	W	197	Dietrich, Annabelle	00:31:54	678		Dietrich-Clan	2007	44	WJ U18	00:31:17	192
604		405	Dietrich, Henning	00:31:54	676		Dietrich-Clan	1969	63	M45	00:31:17	397
605	W	198	Gozani, Patrizia	00:31:54	677		Dietrich-Clan	1972	21	W45	00:31:17	191

Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
606		408	Escher, Alexander	00:31:54	694			1974	31	M40	00:31:18	399
607		409	Gozdzik, Gregor	00:31:56	1777		Kamp Lintfort	1986	29	M30	00:31:31	404
608		410	Putzmann, Frank	00:32:01	1619		Stadtverwaltung Moe	1960	39	M55	00:31:31	405
609	W	199	van Geemen, Tanja	00:32:01	135			1975	20	W40	00:31:33	197
610		411	van Geemen, Henning	00:32:05	134			1973	32	M40	00:31:36	409
611	W	200	Henn-Lange, Anja	00:32:05	1874		Homberger TV	1962	11	W55	00:31:40	200
612		412	Spitzer, Andreas Sen.	00:32:07	946		Moers	1963	67	M50	00:31:49	413
613	W	201	ter Balk-Rohr, Irmgard	00:32:07	1389		TV Utfoot-Eick	1947	1	W70	00:31:41	201
614	W	202	Brinkmann, Janne	00:32:12	155		AS Neukirchen-Vluyn	2005	45	WJ U18	00:32:02	208
615		413	Brinkmann, Lars	00:32:12	156		AS Neukirchen-Vluyn	1970	64	M45	00:31:51	414
616		414	Wolf, Horst	00:32:15	393		Team Flow	1951	9	M65	00:31:47	412
617	W	203	Berk, Natascha	00:32:16	947		Moers	1975	21	W40	00:32:06	210
618	W	204	Galoch, Gracia	00:32:21	2662		MTV Moers	1975	22	W40	00:31:44	202
619	W	205	Kirschke, Jutta	00:32:23	2061		Team Lücking	1967	24	W50	00:31:46	203
620	W	206	Rockenbach, Sarah	00:32:23	2810		Krankenhaus Bethani	1993	26	WHK	00:32:08	212
621	W	207	Lücking-Rodenbäck, Betti	00:32:24	2075		Team Lücking	1970	22	W45	00:31:47	204
622	W	208	Runge, Kerstin	00:32:24	1605		Stadtverwaltung Moe	1964	25	W50	00:31:57	206
623	W	209	Wollert, Ramona	00:32:26	3347		EDEKA	1980	23	W35	00:32:00	207
624	W	210	Nowakowska, Anja	00:32:27	790			1971	23	W45	00:32:17	216
625		415	Wermke, Klaus-Peter	00:32:27	792			1965	68	M50	00:32:17	418
626		416	Klein, Torsten	00:32:28	3295		EDEKA	1969	65	M45	00:32:07	416
627		417	Maciejewski, Peter	00:32:28	44			1987	30	M30	00:32:00	415
628		418	Schröter, Jürgen	00:32:31	1961		Die Stolperer	1962	40	M55	00:32:11	417
629	W	211	Bolivar Ossa, Monica Eliza	00:32:32	8			1981	24	W35	00:31:54	205
630	W	212	Tomuseit, Silke	00:32:35	3399		Team Atze	1970	24	W45	00:32:25	218
631	W	213	Raab, Jennifer	00:32:35	350		Roadrunners	1976	23	W40	00:32:28	221
632		419	Friedrich, Frank	00:32:35	348		Roadrunners	1971	66	M45	00:32:28	421
633	W	214	Pokroppa, Jessica	00:32:36	3079		Moers	1978	25	W35	00:32:06	209
634	W	215	Nörenberg, Isabelle	00:32:36	2962			1997	27	WHK	00:32:06	211
635	W	216	Baumann, Anja	00:32:39	1794		Amtsgericht Moers	1972	25	W45	00:32:15	215
636	W	217	Schröter, Manuela	00:32:42	654		Düsseldorf	1990	28	WHK	00:32:30	222
637	W	218	Nolda, Isabel	00:32:42	655		München	1990	29	WHK	00:32:30	223
638	W	219	Bernhard-Wehres, Elisa	00:32:43	2344		Berufskolleg für Tech	1983	16	W30	00:32:09	214
639		420	May, Dirk	00:32:44	1994		Moers	1973	33	M40	00:32:38	423
640	W	220	Jäger, Silke	00:32:46	2661			1971	26	W45	00:32:09	213
641		421	Krahlisch, Jörg	00:32:47	2367		Duisburg	1961	41	M55	00:32:19	419
642	W	221	Dickhausen, Annette	00:32:47	3279		EDEKA	1967	26	W50	00:32:41	229
643		422	Krahlisch, Stephan	00:32:47	2368		Duisburg	2000	66	MJ U18	00:32:19	420
644	W	222	Straub, Monika	00:32:50	3336		EDEKA	1967	27	W50	00:32:27	220
645	W	223	Kallenbach, Vera	00:32:50	3288		EDEKA	1987	17	W30	00:32:27	219
646	W	224	Gäßner, Anka	00:32:52	197		BSG ENNI	1969	27	W45	00:32:42	230
647		423	Schulz, Maximilian	00:32:53	3359		Kenia Reserve	1988	57	MHK	00:32:30	422
648	W	225	Kavs, Julia	00:32:53	961		Lauff Automobile	1993	30	WHK	00:32:40	226
649	W	226	Holst, Kerstin	00:32:56	33			1986	18	W30	00:32:23	217
650	W	227	Ellermann, Merle	00:33:00	2838		MTV - Hockey	2006	46	WJ U18	00:32:49	237
651	W	228	Martin, Bettina	00:33:01	1014		Neukirchen-Vluyn	1974	24	W40	00:32:53	242
652	W	229	Hansen, Nicole	00:33:02	24			1977	25	W40	00:32:43	231
653	W	230	Klatt, Julia	00:33:05	2304		Apotheke Mattenklotz	1986	19	W30	00:32:47	234
654	W	231	Dietrich, Daniela	00:33:08	1403		Moers	1979	26	W35	00:32:35	224
655	W	232	Ademovic, Nadja	00:33:09	960		Lauff Automobile	1977	26	W40	00:32:56	245
656		424	Weyers, Thomas	00:33:12	1925		Josef Runners	1966	69	M50	00:32:42	424
657	W	233	Uzatis, Lisa	00:33:12	552		Duisburg	1995	31	WHK	00:32:53	243
658	W	234	Haidinger, Susanne	00:33:13	643		TV Vennikel 1912	1966	28	W50	00:32:54	244
659	W	235	Indenklef, Celina	00:33:14	772		Köln	1994	32	WHK	00:32:47	233
660	W	236	Schwichtenberg, Andrea	00:33:15	1948		Duisburg	1969	28	W45	00:32:39	225

Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
661		425	Bachtagarew, Vladimir	00:33:15	3268		EDEKA	1987	31	M30	00:32:44	425
662	W	237	Rentmeister, Marie	00:33:15	2760		Gymnasium Filder Be	2000	47	WJ U18	00:32:41	228
663	W	238	Stratmann, Lisa	00:33:15	2582		Gymnasium Filder Be	2000	48	WJ U18	00:32:41	227
664	W	239	Murmann, Birgit	00:33:16	3307		EDEKA	1960	12	W55	00:32:51	240
665	W	240	Schönwälder, Andrea	00:33:19	172		AS Neukirchen-Vluyn	1972	29	W45	00:32:46	232
666		426	Haselow, Günter	00:33:23	1404		Duisburg	1956	8	M60	00:33:10	427
667	W	241	Haselow, Theresa	00:33:23	1406		Duisburg	1991	33	WHK	00:33:11	248
668	W	242	Lichtenstein, Andrea	00:33:23	1974		AS Neukirchen-Vluyn	1971	30	W45	00:32:49	236
669	W	243	Weskamp, Andrea	00:33:23	177		AS Neukirchen-Vluyn	1961	13	W55	00:32:50	238
670	W	244	Bauer, Sonja Sandra	00:33:24	1020		TV Vennikel	1968	31	W45	00:32:48	235
671	W	245	Jede, Birgit	00:33:24	2056		Neukirchen-Vluyn	1964	29	W50	00:32:51	239
672	W	246	Chlebowski, Meike	00:33:25	2031		Laufen gegen Leiden	1981	27	W35	00:32:51	241
673		427	Calmes, Michael	00:33:26	1743		Lauftreff Condor	1961	42	M55	00:33:07	426
674	W	247	Diemer, Johanna	00:33:28	1624		Moerser TV Triathlon	2005	49	WJ U18	00:33:16	250
675		428	Diemer, David	00:33:28	1623		Moerser TV Triathlon	1975	34	M40	00:33:17	428
676	W	248	Diemer, Julia	00:33:28	1312		Duisburg	1986	20	W30	00:33:17	251
677	W	249	Schmidt, Elisa	00:33:31	1913			1994	34	WHK	00:33:23	253
678	W	250	Adler, Laura	00:33:32	149		AS Neukirchen-Vluyn	2004	50	WJ U18	00:33:13	249
679		429	Helwig, Robert	00:33:34	1927		Josef Runners	1936	1	M80	00:33:17	429
680		430	Grunschel, Benjamin	00:33:39	1569		Technisches Hilfswerk	2002	67	MJ U18	00:33:38	438
681	W	251	Stoppa, Nadine	00:33:40	2965			1977	27	W40	00:33:27	254
682	W	252	Meyer, Luisa	00:33:41	1817		Amtsgericht Moers	1997	35	WHK	00:33:19	252
683		431	Gondermann, Lukas	00:33:41	1816		Amtsgericht Moers	1997	58	MHK	00:33:18	430
684		432	Roth, Winfried	00:33:41	907		Duisburg	1954	9	M60	00:33:29	435
685	W	253	von Erde, Laura	00:33:42	1959		SWK LaufWerk	1993	36	WHK	00:33:07	246
686	W	254	Ewald, Alex	00:33:42	1958		SWK LaufWerk	1992	37	WHK	00:33:07	247
687	W	255	Url, Sabine	00:33:43	459		Moerser TV Triathlon	1977	28	W40	00:33:28	255
688		433	Pysz, Patrick	00:33:45	3314		EDEKA	2004	68	MJ U18	00:33:25	433
689	W	256	Gayk, Lisa-Marie	00:33:50	17			1998	9	WJ U20	00:33:30	256
690		434	Tamse, Jan Lukas	00:33:52	1690		Stadtverwaltung Moe	1995	59	MHK	00:33:24	432
691		435	Rosenauer, Armin	00:33:52	1784		Stadtverwaltung Moe	1994	60	MHK	00:33:23	431
692	W	257	Schreinermacher, Kathrin	00:33:54	649		Moers	1995	38	WHK	00:33:52	261
693		436	Heynen, Manfred	00:33:55	159		AS Neukirchen-Vluyn	1966	70	M50	00:33:42	440
694		437	Meszaros, Marvin	00:33:55	1740		Lauftreff Condor	2002	69	MJ U18	00:33:36	437
695		438	Steinicke, Uwe	00:33:56	1006		Lauff Automobile	1965	71	M50	00:33:52	441
696		439	Winter, Maurice	00:33:57	1741		Lauftreff Condor	2002	70	MJ U18	00:33:39	439
697		440	Kahlert, Gerald	00:33:58	162		AS Neukirchen-Vluyn	1965	72	M50	00:33:32	436
698	W	258	Kaulich, Manuela	00:34:00	1338		Neukirchen - Vluyn	1982	28	W35	00:33:34	257
699		441	Christen, Ulrich	00:34:00	2066		Moers	1963	73	M50	00:33:28	434
700	W	259	Walter, Britta	00:34:01	1818		Amtsgericht Moers	1995	39	WHK	00:33:38	258
701		442	Wölfel, Harald	00:34:04	1101		Kamp-Lintfort	1950	10	M65	00:33:55	443
702	W	260	Wolf, Katrin	00:34:08	1086		Kamp-Lintfort	1989	40	WHK	00:33:52	262
703		443	Braems, Andreas	00:34:08	306		Lintforter Krabbelgru	1971	67	M45	00:33:53	442
704	W	261	Rademske, Sonja	00:34:08	1085		Kamp-Lintfort	1983	21	W30	00:33:44	259
705	W	262	Kampermann, Nina	00:34:10	38			1982	29	W35	00:33:58	266
706	W	263	Gottlieb, Neele	00:34:10	2716		Gymnasium Filder Be	2001	51	WJ U18	00:33:52	260
707		444	Wald, Lukas	00:34:12	1562		Technisches Hilfswerk	2000	71	MJ U18	00:34:10	448
708	W	264	Andziul, Ewa	00:34:12	485			1976	29	W40	00:34:01	267
709	W	265	Drews, Dagmar	00:34:13	2794		Krankenhaus Bethani	1953	9	W60	00:33:58	265
710		445	Richter, Jörg	00:34:14	2005		St. Hubert	1960	43	M55	00:34:05	445
711	W	266	Hibner, Malgorzata	00:34:23	484		HiperRun	1975	30	W40	00:34:12	272
712	W	267	Capousek, Carolina	00:34:24	2692		Gymnasium Filder Be	2005	52	WJ U18	00:33:57	263
713		446	Fabri, Markus	00:34:28	495		AS Neukirchen-Vluyn	1966	74	M50	00:33:56	444
714	W	268	Ostermann, Claudia	00:34:28	497			1967	30	W50	00:33:57	264
715		447	Eickeler, Colin	00:34:31	2697		Gymnasium Filder Be	2004	72	MJ U18	00:34:06	447

Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
716		448	Eickeler, Tim	00:34:31	2711		Gymnasium Filder Be	1971	68	M45	00:34:06	446
717	W	269	Wagner, Bettina	00:34:31	443			1965	31	W50	00:34:23	276
718		449	Lessing, Thomas	00:34:32	979		Lauff Automobile	1991	61	MHK	00:34:18	450
719	W	270	Betschner, Mareike	00:34:36	1425		Duisburg	1981	30	W35	00:34:11	270
720	W	271	Reinecke, Elisabeth	00:34:36	1421		Moers	1988	41	WHK	00:34:11	271
721	W	272	Zapotnik, Hildegard	00:34:37	1386		TV Utfoot-Eick	1960	14	W55	00:34:11	268
722	W	273	Zapotnik, Samantha	00:34:37	1387		TV Utfoot-Eick	1988	42	WHK	00:34:11	269
723	W	274	Vier, Andrea	00:34:38	67			1966	32	W50	00:34:18	273
724		450	van Alphen, Ben	00:34:41	2781		Gymnasium Filder Be	2004	73	MJ U18	00:34:12	449
725	W	275	Möller, Nina	00:34:43	296		LINEG	1980	31	W35	00:34:26	278
726	W	276	Günter, Sabrina	00:34:43	644		Moers	1982	32	W35	00:34:23	274
727	W	277	Scherer-Becker, Heidi	00:34:44	58			1960	15	W55	00:34:23	275
728	W	278	Spona-Tobias, Elke	00:34:47	658		Neukirchen-Vluyn	1959	16	W55	00:34:27	279
729	W	279	Viehrig, Luna	00:34:47	474			2007	53	WJ U18	00:34:26	277
730		451	Tobias, Friedhelm	00:34:47	659		Neukirchen-Vluyn	1958	44	M55	00:34:27	452
731		452	Viehrig, Axel	00:34:48	473			1975	35	M40	00:34:26	451
732	W	280	Berneis-Bartels, Sandra	00:34:49	6			1973	31	W40	00:34:27	280
733	W	281	Brinkmann, Hella	00:34:57	154		AS Neukirchen-Vluyn	2003	54	WJ U18	00:34:38	281
734	W	282	Großterlinden, Anja	00:35:00	22			1980	33	W35	00:34:46	284
735	W	283	Probst, Frauke	00:35:00	56			1979	34	W35	00:34:46	285
736		453	Laakmann, Otto	00:35:07	1612		FDP Moers	1946	3	M70	00:34:41	453
737	W	284	Leiß, Imke	00:35:07	628		Lebenslang grün-weiß	1973	32	W40	00:34:42	283
738	W	285	Vaupel, Sandra	00:35:09	446		Strava Ruhrpottroma	1975	33	W40	00:34:52	287
739		454	Koreik, Rainer	00:35:09	823		Neukirchen	1957	10	M60	00:34:59	457
740	W	286	Otto, Stefanie	00:35:10	670		Moers	1975	34	W40	00:34:53	288
741		455	Rehwinkel, Hans Peter	00:35:12	1395		Die Bleifuße	1951	11	M65	00:34:42	454
742	W	287	Koster, Bettina	00:35:12	2356		Berufskolleg für Tech	1966	33	W50	00:34:39	282
743	W	288	Schmieder, Jutta	00:35:14	1788			1971	32	W45	00:34:56	290
744		456	Jansen, Tamo	00:35:14	2730		Gymnasium Filder Be	2009	74	MJ U18	00:34:46	455
745	W	289	Jansen, Stephanie	00:35:15	2731		Gymnasium Filder Be	1975	35	W40	00:34:47	286
746		457	Dahlhaus, Moritz	00:35:15	294		LINEG	1988	62	MHK	00:35:01	458
747	W	290	Chabchoul, Melek	00:35:18	1583		Moerser SC	2003	55	WJ U18	00:35:02	291
748	W	291	Abu Zanat, Suzan	00:35:18	496		MTV Moers	2002	56	WJ U18	00:35:03	292
749	W	292	van Els, Maja	00:35:25	65			1975	36	W40	00:34:56	289
750	W	293	Kesik, Sude	00:35:28	2742		Gymnasium Filder Be	2002	57	WJ U18	00:35:10	293
751		458	Sewing, Wolfgang	00:35:30	477		AS Neukirchen-Vluyn	1959	45	M55	00:34:54	456
752	W	294	Franke, Isabelle	00:35:40	308		Lintforter Krabbelgru	2002	58	WJ U18	00:35:24	296
753	W	295	Gerardi, Alea	00:35:41	2715		Gymnasium Filder Be	2004	59	WJ U18	00:35:25	297
754	W	296	Rohde, Ramona	00:35:42	1408			1995	43	WHK	00:35:33	301
755	W	297	Wellesen, Imke	00:35:44	2784		Gymnasium Filder Be	2000	60	WJ U18	00:35:18	294
756	W	298	Rauschkolb, Michaela	00:35:45	1779		Lintforter Krabbler 20	1973	37	W40	00:35:29	299
757		459	Braems, Jonas	00:35:46	307		Lintforter Krabbelgru	2004	75	MJ U18	00:35:31	459
758	W	299	Elgersma, Heike	00:35:49	1830		Stadtverwaltung Moe	1964	34	W50	00:35:21	295
759	W	300	Exposito Rodriguez, Maria	00:35:54	1630		Lintforter Krabbler 20	1964	35	W50	00:35:38	304
760		460	Park, Alex	00:35:54	490			1974	36	M40	00:35:38	463
761	W	301	Schilling, Bettina	00:35:56	1935		Josef Runners	1964	36	W50	00:35:25	298
762	W	302	Kallenbach, Laura	00:35:56	3287		EDEKA	1990	44	WHK	00:35:34	302
763	W	303	Neuhaus, Nina	00:35:58	2756		Gymnasium Filder Be	2004	61	WJ U18	00:35:38	305
764	W	304	Falk, Pauline	00:35:59	2712		Gymnasium Filder Be	2005	62	WJ U18	00:35:52	308
765	W	305	Schreiber, Ida	00:36:01	2549		MTV - Hockey	2007	63	WJ U18	00:35:59	310
766	W	306	Sommer, Dörte	00:36:07	3259		Gymnasium Filder Be	1965	37	W50	00:35:43	306
767		461	Zander, Maik	00:36:08	762		In memoriam Dr. Rud	1968	69	M45	00:35:34	461
768		462	Eicher, Bertram	00:36:08	755		In memoriam Dr. Rud	1966	75	M50	00:35:35	462
769		463	Abdulaziz, Mohammed	00:36:09	1220		Betreuungsverein der	2000	76	MJ U18	00:36:04	465
770		464	Mulas, Mauro	00:36:09	764		In memoriam Dr. Rud	1961	46	M55	00:35:32	460

Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
771	W	307	Mulas, Dr. Sigrid	00:36:09	758		In memoriam Dr. Rud	1964	38	W50	00:35:33	300
772	W	308	Capousek, Melanie	00:36:11	433		Gymnasium Filder Be	1973	38	W40	00:35:35	303
773		465	Janczyk, Klaus	00:36:12	2335		Stadtverwaltung Moe	1971	70	M45	00:35:44	464
774	W	309	Justen, Miriam	00:36:24	2566			1984	22	W30	00:35:56	309
775	W	310	Kaulich, Sarah	00:36:27	3290		EDEKA	1984	23	W30	00:35:52	307
776	W	311	Böcker, Nele	00:36:34	2832		MTV - Hockey	2007	64	WJ U18	00:36:24	312
777		466	Böcker, Andreas	00:36:36	1401		Moerser TV Hockey	1974	37	M40	00:36:24	467
778	W	312	Stefaniak, Iris	00:36:38	1475		VfL 08 Repelen	1967	39	W50	00:36:16	311
779		467	Homolka, Peter	00:36:43	1023		VfL Repelen 49+	1957	11	M60	00:36:20	466
780		468	Gapmaier, Hubert	00:36:45	240		Die Asphaltstreicher	1951	12	M65	00:36:35	468
781		469	Literski, Nick	00:37:09	2747		Gymnasium Filder Be	2006	77	MJ U18	00:36:46	469
782	W	313	Bouscheljong, Lia	00:37:14	2598		Gymnasium Filder Be	2006	65	WJ U18	00:37:00	313
783	W	314	Literski, Tanja	00:37:27	2749		Gymnasium Filder Be	1976	39	W40	00:37:03	314
784	W	315	Camp, Anna	00:37:31	1169		INEOS Solvents Runn	1994	45	WHK	00:37:28	318
785	W	316	Tirpitz, Monika	00:37:31	361		SC Bayer 05 Uerding	1965	40	W50	00:37:15	317
786	W	317	Pieper, Sandra	00:37:42	889		PIEp	1970	33	W45	00:37:15	316
787	W	318	Geffroy-Epping, Silvia	00:37:42	897		PIEp	1967	41	W50	00:37:15	315
788		470	Meinke, Wolfgang	00:37:49	1871		Homberger TV	1960	47	M55	00:37:24	470
789		471	Büskens, Jens	00:38:07	862		Duisburg	1969	71	M45	00:37:31	471
790	W	319	Klücken, Marion	00:38:07	832		Duisburg	1971	34	W45	00:37:31	319
791		472	Fenyk, Ulrich	00:38:08	1090		Rumelner TV	1964	76	M50	00:37:47	472
792	W	320	Handt, Nataly	00:38:12	309		Lintforter Krabblers 20	1971	35	W45	00:37:57	320
793		473	Handt, Ricoh	00:38:12	310		Lintforter Krabblers 20	2003	78	MJ U18	00:37:56	473
794		474	Matheis, Michael	00:38:14	489			1972	72	M45	00:37:58	474
795	W	321	Münstedt, Sandra	00:38:26	2342		DULST	1986	24	W30	00:38:07	322
796	W	322	Eckhard, Christina	00:38:30	13			1970	36	W45	00:38:04	321
797	W	323	Löhken, Katrin	00:38:47	1561		Technisches Hilfswerk	1981	35	W35	00:38:26	323
798		475	Jahny, Thomas	00:38:47	1573		Technisches Hilfswerk	1968	73	M45	00:38:27	475
799		476	Bothe, Andre	00:38:55	1952		Feuerwehr Repelen	1990	63	MHK	00:38:37	476
800	W	324	Menes, Emma	00:39:06	444			2008	66	WJ U18	00:38:48	324
801	W	325	Crott, Melina	00:39:06	975		Lauff Automobile	1994	46	WHK	00:38:52	325
802		477	Menes, Rene	00:39:06	47			1973	38	M40	00:38:48	477
803		478	Hoffmann, Axel	00:39:10	635		Neukirchen-Vluyn	1953	12	M60	00:39:00	478
804	W	326	Wenzel, Micherline	00:39:17	2786		Gymnasium Filder Be	2004	67	WJ U18	00:38:57	329
805		479	Kolbach, Tim	00:39:22	657		Moers	1983	32	M30	00:39:02	479
806		480	Soysaldi, Cemil	00:39:24	3331		EDEKA	1991	64	MHK	00:39:04	480
807	W	327	Busch, Regina	00:39:26	706		Laufgöttinnen Rumeln	1979	36	W35	00:38:54	326
808	W	328	Sobolewski, Andrea	00:39:26	703		Laufgöttinnen Rumeln	1979	37	W35	00:38:55	327
809	W	329	Gayk, Susanne	00:39:28	18			1969	37	W45	00:38:55	328
810	W	330	Naujoks, Sabine	00:39:28	3309		EDEKA	1972	38	W45	00:39:06	330
811		481	Stolz, Erich	00:39:59	1418		Einzelkämpfer	1956	13	M60	00:39:26	481
812	W	331	Meurer, Sabine	00:40:01	1745		Stadtverwaltung Moe	1975	40	W40	00:39:30	331
813	W	332	Schaffrath, Sabine	00:40:05	3324		EDEKA	1968	39	W45	00:40:02	335
814	W	333	Blech, Sabine	00:40:14	2200		Stadtverwaltung	1962	17	W55	00:39:43	332
815	W	334	Emmrich, Jennifer	00:40:14	968		Lauff Automobile	1991	47	WHK	00:40:01	334
816	W	335	Hafermann, Eva	00:40:21	687			1977	41	W40	00:39:44	333
817		482	Hösl, Oliver	00:40:22	1196		INEOS Solvents Runn	1991	65	MHK	00:40:19	484
818	W	336	Deis, Christine	00:40:33	3277		EDEKA	1993	48	WHK	00:40:29	340
819	W	337	Concas, Sabrina	00:40:35	3274		EDEKA	1991	49	WHK	00:40:31	341
820	W	338	Segebrecht-Gräfen, Hann	00:40:36	637		Duisburg	1959	18	W55	00:40:13	337
821		483	Helmuth, Gillat	00:40:42	1081		Rumelner TV	1945	4	M70	00:40:20	485
822	W	339	Puchalski, Brigitta	00:40:43	2355		Berufskolleg für Tech	1954	10	W60	00:40:10	336
823		484	Gerstenberger, Stefan	00:40:43	2354		Berufskolleg für Tech	1963	77	M50	00:40:10	483
824		485	Gebhardt, Peter	00:40:44	2362		Essen	1954	14	M60	00:40:10	482
825		486	Winter, Heinz	00:40:45	726		STV Hünxe	1940	2	M75	00:40:32	486

Rang	G	Platz	Name	Zeit	St.-Nr	NAT	Verein	Jahr	PAK	AK	NZeit	NPlatz
826	W	340	Kuhnert, Alice	00:40:59	468		Stadtverwaltung Moe	1981	38	W35	00:40:28	338
827	W	341	Kühn, Mareike	00:40:59	3396		Stadt Verwaltung	1975	42	W40	00:40:29	339
828	W	342	Heckers, Sabrina	00:41:10	779		Neukirchen-Vluyn	1980	39	W35	00:40:34	342
829	W	343	Soytoprak, Hatice	00:41:22	2770		Gymnasium Filder Be	2006	68	WJ U18	00:41:08	345
830	W	344	Linden, Anna	00:41:26	967		Lauff Automobile	1993	50	WHK	00:41:12	346
831	W	345	Stellmach, Ricarda	00:41:31	3334		EDEKA	1993	51	WHK	00:40:56	343
832		487	Dagdelen, Hueseyin	00:41:32	3276		EDEKA	1975	39	M40	00:40:57	487
833	W	346	Löw, Pia	00:41:35	2581		Gymnasium Filder Be	1999	10	WJ U20	00:41:18	347
834	W	347	Gallmann, Jana	00:41:35	2714		Gymnasium Filder Be	1998	11	WJ U20	00:41:18	348
835	W	348	Baumann, Tina	00:41:35	345		PinkSox	1991	52	WHK	00:41:04	344
836		488	Holz, Artur	00:41:35	346		PinkSox	1989	66	MHK	00:41:05	488
837		489	Pikovnik, Michael	00:41:52	3313		EDEKA	1981	28	M35	00:41:28	490
838		490	Jendral, Volker	00:42:07	2737		Gymnasium Filder Be	1964	78	M50	00:41:43	491
839		491	Kaffanke, Paul	00:42:07	3392		LWT Kevelaer	1947	5	M70	00:41:27	489
840	W	349	Steinbrecht, Kerstin	00:42:16	1088		Krefeld	1980	40	W35	00:41:53	349
841	W	350	Knothe, Sabine	00:42:30	1766		Stadtverwaltung Moe	1969	40	W45	00:41:59	350
842	W	351	Buff, Lara	00:42:50	2044		AS Neukirchen-Vluyn	2004	69	WJ U18	00:42:31	351
843	W	352	Jendral, Inga-Marie	00:43:12	2733		Gymnasium Filder Be	2005	70	WJ U18	00:42:49	352
844		492	Van Der Honing, Christop	00:43:24	781		Kamp-Lintfort	1968	74	M45	00:42:48	492
845	W	353	Klöpzig, Marina	00:43:32	1943		Essen	1958	19	W55	00:43:08	353
846		493	Schulze, Willi	00:43:45	2667		Ski Klub Düsseldorf	1936	2	M80	00:43:19	493
847		494	Limperich, Johannes	00:44:04	358		SAG Moers	1937	3	M80	00:43:40	494
848	W	354	Alvincz, Steffi	00:45:23	1849		Stadtverwaltung Moe	1964	42	W50	00:44:52	354
849	W	355	Friedrich, Kerstin	00:45:23	1746		Stadtverwaltung Moe	1968	41	W45	00:44:52	355
850	W	356	Keokonhott, Gabriele	00:45:23	469		Stadt Moers	1962	20	W55	00:44:53	356
851		495	Söllmann, Ralf	00:46:01	3330		EDEKA	1970	75	M45	00:45:58	496
852		496	Pysz, Gregor	00:46:10	3315		EDEKA	1972	76	M45	00:45:51	495
853	W	357	Baas, Wiebke	00:47:18	1987		FS Rheinkamp	2000	71	WJ U18	00:46:44	357
854		497	Lips, Peter	00:47:30	2343		FS Rheinkamp	1964	79	M50	00:46:56	498
855		498	Baas, Ralf	00:47:30	248		FS Rheinkamp	1963	80	M50	00:46:56	497
856		499	Marißen, Klaus-Dieter	00:49:56	3087		Die Stolperer	1950	13	M65	00:49:22	499
857		500	Cihan, Yakup	00:50:16	3273		EDEKA	1981	29	M35	00:49:55	500
858	W	358	Nareyka, Diana	00:50:17	3308		EDEKA	1972	42	W45	00:49:56	358
859	W	359	Kosmehl, Maya	00:50:42	3299		EDEKA	1967	43	W50	00:50:39	361
860	W	360	Keiderling, Christine	00:50:42	3291		EDEKA	1971	43	W45	00:50:39	360
861	W	361	Kornblum, Jennifer	00:50:42	3297		EDEKA	1993	53	WHK	00:50:38	359